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REPORTS

OF THE

MAINE INSANE HOSPITAL

AND

EASTERN MAINE INSANE HOSPITAL

1908

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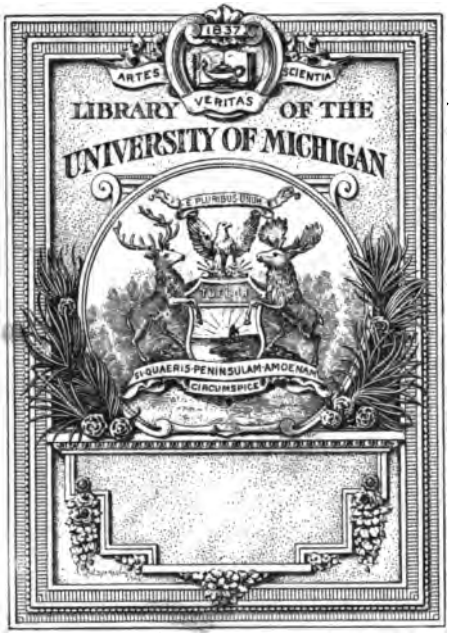

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REPORTS

OF THE

Trustees, Resident Officers and Visiting Committee

OF THE

MAINE INSANE HOSPITAL

AND

Eastern Maine Insane Hospital

DECEMBER 1, 1908

WATERVILLE
SENTINEL PUBLISHING COMPANY
1909

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OFFICERS FOR 1908-1909.

Trustees.

FREDERICK ROBIE, M. D., Gorham, President.
CHARLES E. FIELD, Bangor, Secretary.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.
MRS. FREDERICK CONY, Augusta.
ALONZO R. NICKERSON, Boothbay Harbor.

Resident Officers.

BIGELOW T. SANBORN, M. D., Superintendent.
H. L. HORSEMAN, M. D., Assistant Superintendent.
CARL J. HEDIN, M. D. Second Assistant.
KARL B. STURGIS, M. D., Third Assistant.
GERTRUDE E. HEATH, M. D., Fourth Assistant.
HERBERT W. HALL, M. D., Interne.
ROLAND L. McKAY, M. D., Interne.
MANNING S. CAMPBELL, Steward and Treasurer.
ALICE G. TWITCHELL, Matron.
G. R. CAMPBELL, M. D., Pathologist and Bacteriologist.

Chaplains for 1809.

REV. C. G. MOSHER, Augusta.
REV. EDWIN M. SLOCOMB, Augusta.
REV. BRYAN C. ROBERTS, Augusta.
REV. CHARLES W. DOHERTY, Augusta.

Subordinate Officers.

ALBERT M. PINGREE, Hospital Clerk.
WM. S. JONES, Assistant Hospital Clerk.
JASON M. HAGAN, Second Assistant Hospital Clerk.
MISS NONA COYNE, Superintendent's Clerk.
DAISY O. JENNINGS, Assistant Superintendent's Clerk.
ELWIN N. GRANT, Store Clerk.

Supervisors.

Men.
VERMONT R. LUCE,
CHARLES H. DAVIS, First Assistant.

Women.
MRS. ANNIE D. McLEAN.
MISS MARIA H. McFEE, Ass't.

Women's Pavilion.

MISS ANNIE R. McLAUGHLIN.
MISS VENITA E. HENTZ, Assistant.

Men's Pavilion.

OLIN B. HUNNEWELL, Assistant.

E. C. Burleigh Pavilion.

WILLIAM F. MULLEN, Assistant.

Infirmaries.

MISS ELIZABETH McBRIDE, Superintendent of Nurses.

Men.
CLYDE L. PRATT,
Special Nurse.

Women.
Miss KATHERINE DONOVAN,
Special Nurse.

Engineer.

W. L. SAMPSON.
MARK L. BRADSTREET, Superintendent, Farm.

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Standing Committees for 1908-1909.

On Buildings and Improvements—Nickerson, Robie and Macomber.
On Conference with Legislative Committee—Robie, Chase, White.
On Finance—White, Field and Nickerson.
On Chase's Island—Chase, Mrs. Cony and Field.
On Farm Stock and Outside Property—Field, Chase and Robie.
On Library—Mrs. Cony, White and Dr. Sanborn.
On Recreation and Amusement of Patients—Dr. Sanborn, Field and Mrs. Cony.
On Inventory—Mrs. Cony, White and Nickerson.

Visiting Committee for 1909.

January—Robie, Nickerson, White and Mrs. Cony.
February—Field, Macomber, White and Chase.
March—Full board.
April—Robie, Field, Nickerson and Mrs. Cony.
May—Nickerson, White, Field and Macomber.
June—Full board.
July—Robie, Macomber, Chase and Field.
August—Chase, Nickerson, Macomber and Mrs. Cony.
September—Full board.
October—Macomber, Chase, White and Field.
November—Robie, Nickerson, Chase and Mrs. Cony.
December—Full board.

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REPORT OF THE TRUSTEES OF THE MAINE INSANE AND EASTERN MAINE INSANE HOSPITALS.

To the Governor and Council of the State of Maine:

The Trustees of the Maine and the Eastern Maine Insane Hospitals, having completed their work for the year ending Nov. 30, 1908, respectfully present for your consideration the result of their labors, as prescribed by the laws of the State.

By the favor of a kind Providence there have been no serious epidemics or unexpected misfortunes to disturb the welfare of the inmates of the two institutions under our charge, and we are pleased to report that the general outcome of our work has been of a satisfactory and progressive character.

The full and intelligent reports of the two Superintendents, the heads of the several departments and other officials, contain a large amount of useful information in regard to work completed during the past fiscal year, and assist in the formation of a correct judgment concerning the amount which should be appropriated by the State to meet the requirements of the establishments.

We now forward these reports to the Executive Department, and commend them to the careful reading of the Executive and Legislature Departments of our State. The different requests for additional appropriations are so well explained therein, that it requires but little comment on the part of the Trustees to insure a better understanding of what our insane hospitals require to secure successful results.

The increase of the insane in the two hospitals during the past year is a matter of public interest, and calls for the following statement:

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The number of male patients in the Maine Insane Hospital Nov. 30, 1907 was	455	
The number of female patients in the Maine Insane Hospital Nov. 30, 1907 was	372	
		827
The number of male patients in the Eastern Maine Insane Hospital Nov. 30, 1907 was	138	
The number of female patients in the Eastern Maine Insane Hospital Nov. 30, 1907 was	125	
		263
Total number of patients in both hospitals Nov. 30, 1907 was		1,090
The number of male patients in the Maine Insane Hospital Nov. 30, 1908 was	465	
The number of female patients in the Maine Insane Hospital Nov. 30, 1908 was	374	
		839
The number of male patients in the Eastern Maine Insane Hospital Nov. 30, 1908 was	145	
The number of female patients in the Eastern Maine Insane Hospital Nov. 30, 1908 was	146	
		291
Total number in the two hospitals		1,130

This statement shows an increase during 1908 of 40 patients; and an increase over 1906, of 106 patients.

THE PROCESS OF HOSPITAL MEDICAL TREATMENT.

The reports of the two superintendents show the satisfactory results which have followed the careful work of the medical faculty and attendants of the hospitals during the past fiscal year, a condition which is better demonstrated by the fact that there has been an increase in the number of permanent cures, and a correspondingly great improvement among a larger number of patients than during the previous or any former year.

The creditable statement by the Superintendent of the Maine Insane Hospital informs us that there have been dicharged

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on account of permanent cure	60 patients
on account of great improvement	21 patients
on account of improvement	21 patients
on account of not being insane	1 patient
Total	103 patients

The report of the superintendent of the Eastern Insane Hospital, Nov. 30, 1908, informs us that there have been discharged from that institution during the year in consequence of apparent

cure	29 patients
Sufficiently improved to warrant discharge	12 patients
Total	41 patients

Considering the small number of patients in this hospital the result is very creditable.

The number of deaths during the year at the Maine Insane

Hospital has been	94
At the Eastern Maine Insane Hospital	20
Total	114

The number of deaths appears large, but is less than last year. When we consider the advanced age of the inmates of these institutions and the depressing influence of impaired mental activity and close confinement, we readily appreciate the reason for death by premature old age, and other potent affections, when sickness occurs to weaken the hold on life.

The superintendent and assistant physicians, separately, in the two hospitals have during the past year made special efforts to increase the efficiency of the medical treatment, by forming a suitable organization, for the purpose of bringing to the attention of the full Board of Physicians, at stated periods, the condition of those affected with mental and physical diseases.

The Trustees also are pleased to notice a well settled purpose on the part of the superintendents and associate physicians of both hospitals to use the most modern and improved methods of treatment for the mental and physical improvement of all those committed to their care.

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THE SCHOOL FOR TRAINED NURSES.

The school for the instruction and education of trained nurses has been continued in the hospital at Bangor with very satisfactory results, and a similar school has been organized at the hospital at Augusta, with gratifying prospects. A diploma from either of these schools, evidencing thorough training, examination, and graduation is both a great honor to the recipient, and a passport to future usefulness and a liberal remuneration. The excellent showings made by the attendants on duty at both hospitals merit favorable mention by the Trustees.

The legislature of 1907 made very large and generous appropriations for the Maine Insane Hospital at Augusta and the Eastern Maine Insane Hospital at Bangor, and placed the expenditure of this sum in the hands of the Board of Trustees of these two institutions.

The appropriations renovating for the Maine Insane Hospital were as follows:

For removing the male wing of the hospital	$45,000 00
For completion of arsenal building, greenhouse, road, laundry, carpenter shop &c.....	43,265 76
For criminal insane building.....	40,000 00
For water supply	7,300 00
Total	$135,565 76

For the Eastern Maine Insane Hospital:

For current expenses, repairs and improvements..	$55,800 00
For building the new wing.....	150,000 00
For tubercular insane building	30,000 00
Total	$235,800 00

For the hospital building on Chase Island:

For convalescent hospital and various other uses fully specified	$10,000 00

Recapitulation.

Maine Insane Hospital	135,565 76
Eastern Maine Insane Hospital	235,800 00
Chase Island Insane Hospital	10,000 00
Total	$381,565 76

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The total amount placed in our hands by the State to meet insane hospital requirements during 1907 and 1908 is thus seen to be $381,565.76. The execution of this duty has carried with it a large responsibility and a need of constant care, attended by a corresponding anxiety. We have endeavored as far as possible to secure the most economical and desirable forms of construction by obtaining the lowest bids from responsible and competent contractors. Suitable committees have been selected from the Board with full power to investigate from time to time the progress and character of the work. These duties have been faithfully performed. We have inevitably met with embarrassments and delay in the execution of the work; and there have been some unavoidable causes of complaint. On the whole, however, we feel proud to invite the legislature and the State in general to make a careful examination of the completed work which by its fine appearance, and its addition to the efficiency of Insane Hospital treatment, does great honor to the munificient benevolence of the State of Maine.

THE IMPROVEMENTS AND APPROPRIATIONS.

Never probably since the organization and dedication of the Maine Insane Hospital sixty-eight years ago, have so large appropriations of public money been expended as during the past two years; and when we contemplate what the State has already done, and consider the generous gifts it has recently received from the National Government, we cannot but feel thankfulness and pride in the ownership of one of the largest most complete insane hospitals in our great and progressive nation. The expense has been justified by the immeasurable benefits to our unfortunate fellow-citizens.

It affords, too, a strong incentive to awake and foster a permanent interest, so that in the future there can be no fear of failure of sufficient appropriations to meet every demand for a comfortable institution for the treatment and cure of our insane. The fulfillment of such duty brings with it its own reward.

FIRST MALE WING OF THE GRANITE STRUCTURE.

The renovation of the first male wing of the granite structure of the insane hospital at Augusta,—for which $45,000 was appropriated by the last legislature, has been completed under

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our watchful care at a cost of over $45,000. The extensive improvements, the healthful and increased accommodations, and the capacious and well ventilated halls fully justify the expenditure.

HOSPITAL LIBRARY.

The effort to add to the advantage of the library by increasing the number of books and other reading matter has not been proportional to the importance of the subject. Pleasure and benefit has been experienced by the inmates of those institutions that have a suitable building, combining every facility for conversation and recreation where a room is set apart for a library and a repository of magazines and newspapers. Such a building would be of great advantage to the inmates of either insane hospital in our State. The Trustees under the direction of Mrs. Frederick Cony, one of our associates, have endeavored with very satisfactory results to rearrange and improve our present library so that it now presents a very attractive appearance. But it is not yet up to the proper standard demanded by a complete hospital.

We need more spacious and convenient quarters, and every year a larger supply of books, magazines and papers. We have heretofore frequently had the pleasure of acknowledging many gifts from public benefactors, which have been received with gratitude by the inmates of our hospitals; and Mrs. Frederick Cony, chairman of the library committee of the Maine Insane Hospital, would be glad at any time to receive suitable books from the many friends of the institutions.

RENOVATION OF THE KITCHEN, BAKERY AND EMPLOYEES' DINING-ROOM.

The kitchen and the several departments connected therewith have been in use since the erection of the first granite hospital building sixty-eight years ago. When we consider that these same necessary rooms have been made to supply the wants of the new buildings added to the original structure, and now occupied by nearly one thousand insane inmates, we realize that conditions demand a complete renovation and a new equipment. An examination of the several kitchen apartments, and their

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increasing appurtenances affords sufficient evidence that necessity and economy would justify an appropriation of $56,000 to meet the requirements of the hospital.

CRIMINAL INSANE BUILDING.

The demand for a special and safe building for the care of the criminal insane of the state, has been the cause, for a long period, of repeated calls for an appropriation; and the last legislature unanimously placed $40,000 in our hands for that purpose. During the past two years the Executive Department of the State has manifested a particular interest in having this building finished, and a corresponding effort has been made on the part of the Trustees to push it along to completion. There have been perplexing and unavoidable delays, which the building committee of the Trustees have endeavored to obviate; at last by diligence and care the structure is nearly ready for occupancy. The location, the architecture, the safe construction and the general appearance and efficiency of the work meet with approval from those best able to judge, and it will be a suitable place for the detention of our criminal insane who will soon be transferred to it from the state prison.

WATER SUPPLY AND FIRE APPARATUS.

The appropriation by the last legislature for water supply and apparatus required to extinguish fire amounted to $7,300. This amount has been carefully and judiciously expended with very gratifying results. The main has been sufficiently enlarged, and a powerful pump installed able to throw water with increased volume and steady pressure to the highest point of any of our buildings. The organization of an adequate fire department has during the past two years received the careful attention of the trustees, superintendent and treasurer of the Maine Insane Hospital. We have equipped and organized such a department with officers and men taken from the male employees of the hospital, with sufficient apparatus and all other facilities for meeting quickly and suppressing the attacks of the flames. The trustees have already witnessed the unexpected calling out of the company and have been pleased with its prompt and efficient work and use of the various forms of apparatus installed for overcoming fire.

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The road and sidewalk through the arsenal grounds, when fully completed, cannot fail, in consequence of their durable character, to meet with universal commendation.

COBURN PARK.

Some of the income of the generous gift of Gov. Coburn has been used in putting up a beautiful and well-constructed summer building for dancing and other forms of recreation for the female patients. Situated in the center of a well-protected inclosure on the summit of the arsenal property, with artistically arranged walks, it cannot fail to add to the pleasure and health of the female patients for all future time.

CHASE ISLAND.

The annual appropriation of the State have gone far toward fulfilling the requirements for buildings and other essentials for the enjoyment of the summer vacation by selected patients from our two insane hospitals. Following the example of previous years, the superintendents of the institutions, early in the month of June, carefully chose from the Maine Insane Hospital forty (40) female patients as fit subjects for a desirable change. An addition from the Eastern Maine Insane Hospital of twenty (20) patients was added making sixty (60) in all the complete number thus cared for. The superintendents exercised careful consideration in determining who should be chosen and due regard was paid to selecting the largest possible number from the convalescent class. The remainder was made up from those who would better appreciate a delightful change from the confinement and monotony of hospital life in the interior of the State to the invigorating breezes and island scenery of the broad Atlantic Ocean.

The quarters on the island were pleasantly and satisfactorily occupied by the female patients until July 27, 1908, when they returned home without accident, and their places filled by 40 male patients from the Maine Insane Hospital, and 20 male patients from the Eastern Maine Insane Hospital; and this class of 60 patients was accommodated on the Island with great enjoyment and benefit until Sept. 12, 1908. Karl B. Sturgis, M. D., was in charge of all these patients during their stay on

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the island, and gave commendable attention to their mental and physical condition.

The place was frequently visited by members of the Board of Trustees; and they are able to report that each visit gave continued evidence of the enjoyment of the patients, who in many instances showed remarkable improvement, during their stay.

The legislative appropriation of 1907 for Chase Island has been carefully and properly expended, to the amount of $10,000. The bathing pool has been completed, and will be ready for use by the occupants of the Island this coming season. The Trustees would ask for an appropriation of $3,000 each year to cover the necessary expenses of transportation, subsistence and other expenditures necessary for repairs and the proper care of the buildings on the island.

MAINE INSANE HOSPITAL.

The Trustees have realized that during the past two years the enlargement of the hospital plant, and the increased commitments of new patients have added materially to their responsibilities. The beneficial assistance which we have constantly received from Manning S. Campbell, Treasurer of the Maine Insane Hospital, during the past two years, has increased largely the amount of his work; and he is entitled to the thanks of the trustees and appreciation from the people of our State. There have been many changes in the management of the hospital medical force. Those who have vacated their official places, have been relieved by virtue of their own resignations, and have entered upon new business relationships with increased pay. They have carried with them the respects and best wishes of their medical associates, and the high esteem of the Trustees of the institution.

The present board of physicians having the management and care of the institution consist of the following individuals: Bigelow T. Sanborn, M. D., superintendent; H. L. Horsman, M. D., assistant superintendent; Carl J. Hedin, M. D., 2nd assistant; Karl B. Sturgis, M. D., 3rd assistant; Gertrude E. Heath, M. D., 4th assistant; H. W. Hall, M. D., interne; Roland L. McKay, M. D., interne.

The Trustees desire to express their satisfaction to the superintendent and his able associates at the convincing proof of their

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ability and interest in the discharge of their various duties. The honored superintendent, Bigelow T. Sanborn, now enters upon the 43rd year of his connection with the hospital and his 27th years of service of superintendent. During these many years he has acquitted himself with great honor and efficiency and has won the respect of the executive department and the confidence of the people of the entire State. As we look toward the future medical administration of the Maine Insane Hospital, we feel assured that the long experience of Superintendent Sanborn will continue with the aid of his associates to minister powerfully, for care, happiness and recovery of those under their charge.

The request for largely increased appropriations of public money to meet the wants of the insane hospitals of our State is due to the action of the legislature of 1907. Chapter 100 of the laws of that year provides that all insane paupers now supported by towns and cities shall be supported by the State after January 1, 1910.

A careful investigation shows that this law will increase the number of insane patients in our hospitals by three hundred, and we have no other course to follow than to erect and equip new buildings for the shelter and care of these unfortunates. Duty compels us to call the attention of the legislature to these needs, so that we may be ready to meet so large a number of new commitments; and there our obligations in this direction cease.

APPROPRIATIONS.

It has been a part of the duty of the Trustees to give careful consideration to the resources of our insane hospitals, and to the applications for public aid that should be made to meet their increasing requirements. We have obtained the assistance and advise of the superintendents and treasurers of the institutions, and, when necessary, have consulted the two architects, who have won such deserved distinction in their long continued work of designing and completing the architectural structures which adorn and beautify our grounds. The complete work is reviewed in the two separate reports made by the superintendents, which have been returned to the State Auditor and we respectfully ask that they be carefully considered by the Legislature.

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STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1908.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR THE YEAR ENDING NOVEMBER 30, 1908.

Dr.

Balance of cash on hand December 1, 1907	$12,297 30
Receipts for year, hospital account	226,128 00
Received from the State of Maine, account Coburn Fund, Williams and Gilman legacies and Orne Fund	2,226 25
Received from the State of Maine, account renovation, First Male Wing	15,000 00
Received from the State of Maine, account Criminal Insane Building	23,000 00
Received from the State of Maine, account purchasing herd of cattle	2,000 00
Received from the State of Maine, account appropriation for Chase Island	2,500 00
	$283,151 55

Cr.

Disbursements, hospital account	$213,248 46
Disbursements, account Coburn Fund	4,446 65
Disbursements, account appropriation renovation First Male Wing	22,319 00
Disbursements, account appropriation rebuilding Laundry, Furnishings, and Machinery.....	2,827 90
Disbursements, account appropriation construction Arsenal Road, and Concrete Sidewalk	4,395 45
Disbursements, account purchasing herd of cattle..	3,305 10
Disbursements, account appropriation for construction of Crimianl Insane Building.....	27,323 06
Disbursements, account appropriation for Chase Island	2,500 00
Balance of cash on hand December 1, 1908	2,785 93
	$283,151 55

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THE FOLLOWING IS A CONDENSED STATEMENT FROM THE TREASURER'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1908.

TOTAL RECEIPTS AND DISBURSEMENTS OF CASH FOR THE YEAR ENDING NOVEMBER 30, 1908.

Dr.

Balance, cash on hand, Dec. 1, 1907	$20,888 78
Receipts for year, Hospital account	75,232 59
Receipts from State appropriation	125,350 00
	$221,471 37

Cr.

Disbursement for year	$212,085 52
Balance, cash on hand, Nov. 30, 1908	9,385 85
	$221,471 37

QUARTERLY STATEMENT, NOV. 30, 1908.

Resources.

Cash on hand	$9,385 85
Due from State for support of patients	5,868 34
Due from cities and towns, support of patients	17,795 00
Due from sundry persons and firms	474 62
Due from State of Maine, balance of appropriation	6,900 00
	$40,423 81

Liabilities.

Owe employees for pay roll	$2,522 88
Owe firms	57,769 68
Owe patients account advance payments	38 15
	$60,330 71

(Sd.) CHARLES S. PEARL, *Treasurer.*

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THE EASTERN MAINE INSANE HOSPITAL.

The past two years have been a period of great interest and importance in the history of this progressive and useful institution. The administration has been, and is now under the direction of the following resident physicians: H. W. Mitchell, M. D., Superintendent; Forest C. Tyson, M. D., Assistant Superintendent; Mary P. Mitchell, M. D., 2nd Assistant; James W. Crane, M. D., Interne.

The Trustees have made the required number of visits to the institution, and well understand the various difficulties incident to its progress; and we are glad to say that the continuous and efficient work of the distinguished superintendent, Dr. H. W. Mitchell, has aided wonderfully in removing every obstacle in the way of its advancement; he has given careful attention to the large outlay of public funds, and has conducted a medical administration in harmony with the progressive policy of the best insane hospitals in our country.

He is justly entitled to the confidence and support of all our citizens, and the approval of the several departments of our State Government. He has had the aid of the most competent associates on his medical staff. The prospect for future usefulness of the hospital to our State is most encouraging.

The appropriations made by the last legislature have been judiciously and economically expended, resulting in the completion of a new wing, which meets with universal approval, and of a tubercular insane building, both which with other improvements and expenses represent a cost of $235,800.

The Eastern Maine Insane Hospital was erected in consequence of the universal wish that the eastern part of the State should have nearer and better accommodations for its insane. Our citizens have manifested an increasing interest in its prosperity, and approve the methods employed to secure the best advance of its purposes. There is every reason that their wishes should be gratified.

NECESSARY APPROPRIATIONS.

The present accommodations of the hospital at Bangor are inadequate and overcrowded, and there is a pressing need of additional quarters to meet the demand of the population of

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eastern Maine for the treatment of disordered mental conditions. As a public necessity, the Trustees recommend that an appropriation be made for that purpose of $175,000.

CONCLUSION.

The present condition of our two insane hospitals in all their departments is satisfactory and prosperous, and they are doing a wise philanthropic work.

The Trustees during the past year have been diligent and careful; and, although they have been able to speak well of the efficiency of the superintendents and other officers and attendants of the institutions in discharging their enormous duties, it has not escaped our notice that quite frequent complaints and reprimands from us have resulted in great improvement in various directions.

We enter upon the duties of another year in the hope of great and continued prosperity, and we trust by the aid of a kind and over-ruling Providence that we shall not be disappointed.

FREDERICK ROBIE, *President,*
CHARLES E. FIELD, *Secretary,*
THOMAS WHITE,
GEORGE E. MACOMBER,
EDWARD E. CHASE,
MRS. FREDERICK CONY,
ALONZO R. NICKERSON,
Board of Trustees.

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REPORT OF THE COMMITTEE ON RECREATION AND AMUSEMENT OF PATIENTS.

To the Trustees of the Maine Insane Hospital.

The introduction of the method which has been in operation for quite a number of years in making it obligatory to present a special and distinct annual report in regard to so beneficial an object as to means devised for the diversion and amusement of our patients, we regard as very wise. It brings fresh to the mind of your Board annually what efforts have been made to make prominent this very valuable and important aid to various other methods of treatment, that are constantly being sought. In thus statedly calling your attention to this valuable accessory and to what has been accomplished, offers encouragement and gives impetus to renewed efforts to keep alive this activity and brings to your mind at once what results have been obtained in expending from the bequests set apart for this purpose for the immediate mental relief and gratification of our patients. We cannot fully measure what inspiration to hope, confidence and courage arises in the minds of the unfortunate, who without any means, is told that a trip is being planned over the new trolley lines, which were made accessible during the early fall. This pleasure has been granted to the patients many times, who were it not for the means that we have at our command, would be obliged to forego these healthful and pleasurable opportunities. We have endeavored to keep alive what we believe as very helpful in the encouragement of our patients to better living, higher aspirations, and have been liberal in offering them the opportunity to leave the environments of hospital life for a day and mingle with the outside world; thus placing them in the same condition that they once enjoyed. As no one can fathom the deep recesses of the brain, which through its operations, brings to the individual the blessings of hope or fills the mind with depression and dread, nor can we fully comprehend or foresee what incentives may arise in the mind to strengthen confidence and efforts to readjust disjointed mental processes when endeavors are being made to place the person under natural environments and opportunities for gaining a

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glimpse of outside life and starting fresh agencies to inspire self-reliance, thereby offering influences which are calculated to hasten returning reason. It is evident that year by year there is being extended to a constantly increasing number of patients, these opportunities for their welfare which have just been narrated, with the best interests of our unfortunate at heart we would not do less but wish year by year to increase these benign instrumentalities. Our resort at the seashore, now being well in hand and appreciated and sanctioned by the citizens of the State, in accomplishing much good. The opportunity it offers in extending to the patients constant out of door exercise and much more freedom in individual action, inspires confidence, courage, and an endeavor to exercise more self-control, thereby doing much in the direction of placing the person in a condition which promotes recovery. A few more have been treated during the season at the seashore, and if the existing capacity of the institution will warrant in sending additional numbers to the resort during the coming season, it will offer increased opportunity for our people. Having passed its experimental stage, it is evident to all who have to do with its management that the resort is accomplishing much good, and no one can fathom the beneficial results that these advantages will extend to the individual during the coming years. It is with much satisfaction that we are able to mention the completion of our work upon the Arsenal ground for the exercise of the female patients. So much grading was necessary in the removal of the pavilion to a more commanding site, and the work extending so late into the season, the grounds were not in a condition for our patients to occupy; in fact, there were only a few days sufficiently warm to be prudent to attempt occupation after its completion and that of the sidewalk to its approach. Our patients, however, are to be congratulated that at the opening of warmer weather in the spring they will not be under the necessity of exercising in the public highway, but will be accommodated with most excellent opportunities for healthful diversion in this park. A most commanding and extensive view is presented from the open veranda of the pavilion. As the means were taken from the Coburn Fund to make ready for use this desirable acquisition, it was very fitting to name it the Coburn Park, which is inscribed in letters at the entrance. Considerable work has been

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accomplished in the revision of the library, and which makes it more presentable. With the opportunities of access to the library and the various daily papers and weekly magazines, our patients are well supplied with reading and much good results. The religious duties of our chaplains have been extended to our patients and out household as usual, and these services in connection with a most excellent choir are eagerly sought by our people, marked by a large congregation each Sabbath afternoon. Impressed with the beneficial results of music, we have given much time and labor in introducing more efficiency to our band and orchestra. The exercises in our chapel have already commenced and will continue throughout the winter and spring, extending an opportunity to listen to the music of a well trained orchestra, and making available healthy exercise to those who participate in the dancing. We herewith append a financial statement of the disbursement of the funds of the institution set apart for the individual benefit of our patients.

COBURN FUND DISBURSEMENTS.

For the Year Ending November 30th, 1908, as per Vouchers in Treasurer's Office.

GENERAL AMUSEMENTS.		
Paid Choir and organist	$346 40	
Orchestra and band	743 34	$1,089 74
SPECIAL ENTERTAINMENTS, REPAIRS, ETC.		
Paid Leslie A. Davis for one entertainment, Moving Pictures	$25 00	
Lewiston, Augusta & Waterville St. Railway Company, use of special car, trolley rides for patients	30 00	
Metronome Publishing Co., for books	1 00	
F. A. Davis & Co., for books	16 63	
Maine Bible Society, for books	19 14	
Gannett & Morse Store, phonograph records	11 20	
Brooks Hardware Co., lawn swings	31 50	
Goodman Leavitt & Yatter Co., repairing pool table	67 45	
Dr. H. B. Hill, piano, pictures & books	292 00	
Christmas cards	14 00	
Musical supplies for orchestra, band and choir	27 40	
Labor and material putting library in order	48 29	
Patients to plays, circus, fares, car rides, shopping, etc	47 75	
Games and amusements for patients	54 75	
Tuning and repairing pianos and organs	65 50	
Labor and material moving building, repairing same, building fence, grading grounds, etc., for Coburn Park	2,605 30	$3,356 91
		$4,446 65

BIGELOW T. SANBORN,
CHAS. E. FIELD,
MRS. FREDERICK CONY,

Committee on Recreation and Amusement of Patients.

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REPORT OF THE COMMITTEE ON HOSPITAL LIBRARY.

To the Trustees of the Maine Insane Hospital:

Your committee on the library for the year ending November 30th, 1908, have attended to that duty and now ask leave to report.

1907.				
December	1..	Balance in Augusta Savings Bank	$1,224 00	
December	1..	20 shares First National Bank stock	2,000 00	
December	1..	Cash on hand	4 72	
1908.				
January	1..	Dividend on bank stock	60 00	
July	1..	Dividend on bank stock	60 00	
		Savings bank dividends	49 44	$3,398 16
1907.		DISBURSEMENTS.		
December	17..	Paid Kennebec Journal, four copies	16 00	
December	19..	Paid Christian Herald, one copy	2 00	
1908.				
January	31..	Paid International Journal of Surgery	1 00	
February	4..	Paid Pacific Monthly	1 00	
April	1..	Paid Lewiston Journal, four copies	14 00	
		Balance on hand	3,364 16	$3,398 16
December	1..	Balance in Augusta Savings Bank	1,273 44	
		20 shares First National Bank stock	2,000 00	
		Balance in tseasury of Maine Insane Hospital	60 00	
		Cash on hand	30 72	$3,364 16

MRS. FREDERICK CONY,
THOMAS WHITE
BIGELOW T. SANBORN,
Committee on Library.

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REPORT OF THE SUPERINTENDENT OF THE MAINE INSANE HOSPITAL.

To the Trustees of the Maine Insane Hospital:

A long period has elapsed since this institution was made ready to care for the irresponsible and mentally diseased citizens of the State. Its history reaches back in providing help for the unfortunate as far as the autumn of 1840, when its first patient was received. Thus for sixty-eight years constant care has been extended to this class, and commencing in a small way the patients have gradually been increasing, calling for further accommodations and bringing with it added responsibilities year by year until we find, that during the period embraced in this report the highest number of patients under treatment has been 863. While I cannot relate the various routine duties and labors that must necessarily be performed, in order to properly guard and attend to the legitimate wants of the individual, yet it is self-evident that the duties required are most strenuous and exacting, and require the resident officers in charge to be constantly on the alert in this direction and that, in order to properly conduct the multitude of daily duties which are involved.

No serious accidents have occurred and save two or three incidents our patients have enjoyed the blessings of quite a large share of physical health. A few cases of typhoid fever developed in one of the wards of the institution, where it was exceedingly crowded, but no epidemic has occurred and no new cases have developed for several months. Two patients evaded our vigilance and committed suicide. The second case occurred quite soon after the first, and in precisely the same manner, using the sheets from their beds. I have reason to believe that the second was from a sudden impulse and suggestion to the

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patient, who had evidently learned of the means used by the other person to consummate his purpose. Both had been sleeping alone for a long time, and there was nothing to indicate that either one had in contemplation self-destruction. I have already spoken of the increased opportunities that are year by year brought within the reach of the patients, so it is unnecessary to bring the matter to your attention again. We find the movement of population has been as follows: At the commencement of the year there were remaining a total of eight hundred and twenty-seven patients, four hundred and fifty men and three hundred and seventy-two women. There have been admitted since two hundred and thirty-five, one hundred and thirty-nine men and ninety-six women. The whole number under treatment has been 1062, five hundred and ninety-four men and four hundred and sixty-eight women. The discharged and deaths have been as follows: Total recoveries 60, forty-two men and eighteen women; much improved, 21, nine men and twelve women; improved, 22, seven men and fifteen women; unimproved, 22, thirteen men and nine women; not insane one man; died ninety-four, fifty-seven men and thirty-seven women, leaving at the end of the hospital year, November 30, 1908, a total number of 842, four hundred and sixty-five men and three hundred and seventy-seven women. The daily average number of patients for the entire year has been 846.19 as compared with eight hundred and twenty-two of the previous year. The largest number at any time was 863, which occurred September first as compared with 844 the preceding year, and the least number has been 830, which occurred December 8, 1907, as compared with 803 the year previous. The percentage of deaths to the whole number under treatment has been 8.9 per cent as compared with 9.8 per cent as shown in our last report. The percentage of recoveries to the whole number under treatment has been 5.6 per cent as compared with 4.5 per cent as noted in the statistics of the preceding year's report, and the percentage of recoveries to admissions has been 25.5 per cent compared with 19.3 per cent the preceding year. Thus it will be seen that the death rate has been a trifle less and the per cent of recoveries considerably increased.

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SUPPORT OF PATIENTS.

The patients are being supported in the following manner, viz., seventy-three by their own means, one hundred entirely by the State, 669 receive the State aid of one dollar and fifty cents per week, towns and individuals paying the balance. There is reason to believe that this table does not contain the exact facts in some particulars. From what can be learned by the relatives of the patients I am justified in making the statement, that the support of quite a considerable number of patients, in excess of the above figure, is paid from the means of the individual or the relatives, to the towns or cities committing.

NEW CONSTRUCTIONS.

It has been an especially busy year in the construction of new appliances which will, in their intended purpose, greatly strengthen the hospital resources. The renovation of the first wing for males, which was placed under contract to R. J. Noyes, builder, of this city was completed and occupied in September. This wing has been finished by fireproof material. The architects Messrs. Coombs and Gibbs introduced in their plans the constructions of chimneys in each of the individual rooms, for the ingress of heated air, the air chambers of which are located in the basement and are supplied by fresh air from the outside. Corresponding exits for foul air had been supplied by the same method, thus greatly increasing the ventilation of the wing which is noticeable at all times. The lower ward of the building is dedicated to the worn and helpless aged, and the increase of comfort and contentment offered this class is very apparent. The middle and upper wards are set apart for our acute cases where greatly increased medical efforts are put into operation, and additional appliances are instituted.

The introduction of continuous baths has produced positive results in several cases already, and it is expected that such treatment will become a valuable aid. It is intended that the acute cases shall remain in these wards until a thorough physical and mental diagnosis has been obtained before final classification and distribution to other wards take place.

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We are pleased in the practical operations of this wing, and shall expect that the wards will contribute with their various appliances increased positive results. Improved sanitation and a greater volume of fresh air made available is very noticeable.

The construction of the criminal insane building under contract with C. E. Hoxie of this city, from various causes we regret to report has not been fully completed, but there is some assurance that the building will be ready for occupation by the first of February. Much anxiety at the prison has been felt in its lack of capacity to accommodate the influx of convicts ordered there by the various courts.

Under the existing conditions it was thought best for this institution to take upon itself the care of a portion of the inmates of the insane department, and fourteen of the milder cases were transferred from there here the first of last Sptember. We confess that much anxiety was felt regarding their management here, but it may be said that with very few exceptions their conduct has been such as to aid in assuaging our anxiety. Out of the fourteen there have been but two or three on an average that have not been able to mingle with the other patients.

The pavilion at the park has been thoroughly renovated and is practically a new construction.

The enlargement of our water mains and the installment of a powerful pump at the engine house has from several actual demonstrations proved its efficiency in the event of fire. Increased pressure throws water in sufficient volume over the highest point of any of the hospital buildings. A hose house in connection with the fire department has been constructed during the summer and fall, and is now in use.

The building of the new road with its accompanying sidewalk adds much not only to the accommodation of the entire residents of the institution but to the public as well, and much favorable comment is made to us by our frequent visitors.

REPAIRS AND IMPROVEMENTS.

Whenever appropriations are obtained for purposes of construction it is found that however careful and painstaking we may be in our contract, many details are overlooked requiring

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an extra amount of labor for our own carpenters before the buildings are in a condition for occupancy. Because of this unusual amount of renovation, and reconstruction, we have been obliged to have in the services of the carpenter department four men almost the entire year. Beside a large amount of labor required of them in the completion of the new wing, the pavilion at the park, in constructing a veranda completely around the building, the laying of new floors and other necessary equipments required much service from this department.

A new hose house has been constructed and made ready for use by our own force.

The necessary repairs and improvements which in consequence of yearly wear and tear in one direction or another, have been completed from time to time during the year and placed in a suitable condition for winter's use.

The engineers department calls for many repairs during the year at such season as we are not furnishing steam for the heating of the various wards, all of which repairs have been fully adjusted.

It has been found necessary to increase our force of painters and four men have been kept busy in keeping up the various repairs and improvements in this department. Our brick stable for our herd of cows, and its accompanying storage barns have all been repainted. Much labor from this department has been performed in and about the various wards of the institution, including the six transverse wards which receives so much wear and tear and require the painters services often in order to keep up the proper sanitation. One of the pavilion wards for males has been thoroughly renovated, not only in the necessary carpenter work required but painting as well.

Since the occupation of our seashore home, we have made it a point to leave two of these wards on either side of the house unoccupied in order that the mechanics may not be interrupted in their renovation. The necessary labor for our painters has been performed upon several buildings of the arsenal, and that portion of the new wings which was not placed in the contract and necessary to be completed has been accomplished by our painter.

It may be well to inform your board, that the necessary yearly painting and varnishing of all of our carriages, which hereto-

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fore has been taken to the city is now being performed by our own force and quite a financial saving has resulted.

FUTURE NEEDS.

Such important advantages have been observed in consequence of the renovation and modernizing of three out of six of our old wings, that we have hoped at each session of the legislature, appropriations would be made for continued reconstruction until the whole was accomplished. Our hopes however can hardly be realized because of the action of the last legislature, in passing a law, which as soon as it becomes effective in 1910 the State is to assume the responsibility for the support of all persons now chargeable to the municipalities.

This radical change unquestionably right in principle, has very materially lessened opportunities for re-construction and the attention of the management of the institution must necessarily be turned to other channels, in the direction of setting forth the wants of the hospital, in appropriations for the construction of additional accommodations to care for the large influx of patients made necessary by this change of the law, and whose committal will unquestionably be made forthwith after the act of the legislature goes into effect.

The condition of this institution is such that it is totally unfitted through lack of capacity to take upon itself its proportional additional number of patients. This can readily be seen when we remember that a few years ago a committee of the trustees with the superintendent were appointed to determine the actual capacity of the hospital. After careful and painstaking investigation it was determined that the actual accommodations for patients were five hundred and eighty-three beds. Subsequently the Burleigh Pavilion was constructed which increased our capacity one hundred and twenty, and this estimate was larger than the better judgment of some who have had large experience in the domiciling of patients.

Thus it will be seen that the actual capacity is now seven hundred and three beds. Our highest number under treatment during the year has been 863, an excess in its legitimate capacity to care for patients of 160. While a few such as the convalescent and private wards are not crowded, yet there are many

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departments where the excess of their capacity is more than double the estimate of the normal accommodations of these sections of the institution by the committee of your board. These facts can be demonstrated at any time and to anyone who are authorized to investigate.

From these numerical statements it is self-evident that there is but one course to pursue, and I would recommend to your board not only the desirability but the actual necessity of asking the legislature for an appropriation sufficient for the construction of two buildings, for the future accommodation of patients and an additional building to provide for its necessary supervision by officers and employees, and that these premises be constructed on the pavilion plan, extending the present approaches to the already existing buildings which are located in the rear of the present center and rear center building.

Many more patients in my judgment will be committed to the institution year by year than formerly, so that the hospital will be obliged to continue to accommodate patients before other appropriations are made for additional care.

I would further call your attention to the necessity of additional and better accommodations for our kitchen, and its supplemental departments. It has been many years since its reconstruction and it has become worn, and inadequate to supply the proper wants of the institution. Its capacity is insufficient and many changes should be made in order to facilitate economy in labor which is so necessary in the culinary department of a hospital. Under the existing condition I would therefore recommend that a legislative appropriation be asked for, sufficient for a thorough renovation and the construction of additional space for this department. I have carefully investigated the matter from every standpoint with our architect, and will leave its consideration in your hands to take such action in the premises as you believe will contribute to the necessities and demands of the hospitals.

FARM AND GARDEN.

I shall be unable to furnish your board as to the amount of the yield of the various products of these two departments, as I have not the necessary information at my command, and must

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necessarily refer you to the itemized account of the steward and treasurer.

The severe drought of last year which prevailed not only in this section but throughout New England quite seriously affected our hay crop, and the yield was more than one hundred tons less than last year. The potato crop was excellent in quality and quantity and a yield of more than thirty-five hundred bushels was the result. The corn crop designed for ensilage was excellent in quality and a greater yield per acre was obtained than the corresponding year.

Notwithstanding the severe drought the aggregate crop from the garden I think will be found to be fully up to the average. Nearly all of the various vegetables were of fine quality and quantity.

We have at present at our stables one hundred and eighteen cows and heifers. Fifty-six of the herd are well matured cows and are supplying milk. The rest of the herd are heifers, ten or more however will be giving milk during the winter and spring.

During the year we pressed over two hundred tons of hay, about half of which was sold. We have probably at this time nearly four hundred available to feed out, and I would suggest that we at once continue to purchase suitable cows for milk as they can be bought now at very reasonable prices, and there is ample forage for the consumption of a largely increased herd.

Professor Whittier of Bowdoin College visited us at my request and investigated into the sanitary condition of our stable and our milk product, and I am pleased to state that in a written statement to me after having first visited other barns where a portion of our milk is supplied, the per cent of comparison was strikingly favorable to the existing condition that pertains here.

Before closing what I have to say in reference to the above auxiliaries I wish to mention in commendable terms the very efficient services of our late W. H. Allen, who for many years had charge not only of the farm and garden, but in addition that of the floral department. He came to the institution many years ago, after a thorough training and took the immediate charge of our greenhouse which was then being constructed. This department under his immediate care grew rapidly and as

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a result flower-beds were constructed upon all of the lawns of the institution, and our patients were supplied in the various wards of the institution from the products of this department. Subsequently he was assigned to the general charge, not only of the farm and garden, but the floral department and lawns as well until increasing failure of health was noted early last spring and continued until in October he was obliged to give up his active duties. He continued to fail until his death which occurred the latter part of last June. It will be hard to find in one man all of the requisite qualities for the position which he so efficiently filled for many years.

OFFICIAL CHANGES.

A long time has elapsed since so many changes have occurred in the medical staff of the institution as has taken place during the last fiscal year. Dr. Carl J. Hedin who had acquired several years of judicious training at the Massachusetts State Hospital at Tewksbury, was elected and appointed as assistant physician, and commenced his duties early in the year. Dr. Harris C. Barrows secured the appointment of second assistant at the institution at Gardner, Mass., and severed his connection with this hospital in the latter part of March. The doctor is an exceptionally well educated physician and possessed of admirable moral qualities. Dr. H. B. Hill, assistant superintendent, who for many years had been a resident physician here resigned his position to take effect in April. My long acquaintance with him and his estimable wife endeared me to them. Dr. Hill was a physician of strict integrity of chartcter, and possessed of high moral qualities. My best wishes are extended to both, and wish them much happiness and health. Dr. H. L. Horsman who had served efficiently and successfully as second physician was promoted to the position made vacant by the resignation of Dr. Hill and Dr. Carl J. Hedin succeeded to the position made vacant by Dr. Horsman. Dr. Hedin came well equipped in his profession with desirable experience in his specialty. He is painstaking and active and has entered upon the duties of his profession with that determination that always brings success.

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Two internes were secured immediately after graduating at the Bowdoin Medical School. Dr. H. W. Hall and H.W. Abbott. Dr. Karl B. Sturgis who had served satisfactorily as assistant physician was immediately after his successful management of our seashore home, appointed and elected third assistant. Dr. Abbott secured the services as an assistant in a private surgical hospital and by my permission left his position here during the early part of November. A few days subsequent Dr. Roland L. McKay came as interne to supply the vacancy of Dr. Abbott. It is with satisfaction that I can speak in very commendable terms of the very efficient, studious and painstaking services of all of my associates upon the medical staff. They are alert at all times in extending to me necessary aid.

In summing up the operations of the hospital in concluding my annual report it is always a source of gratification, if I can consistently mention of progress in the daily routine duties which all of the resident officers and employees are called upon to perform. I think I can add without fear of criticism, that there has been no year during the past four decades when so many progressive measures have been introduced, tending to strengthen individual treatment.

The usual visitations have been made by the visiting committee of the governor and council and their hearty support has been extended throughout the year.

My associates in office have been on the alert to strengthen my hand on every occasion that has presented itself, and have offered valuable aid.

To all of those who are immediately connected with the care of the patients and who have performed conscientious and intelligent duties, I am under obligations. My clerks have been exceedingly active and punctual in putting into print my dictations.

I would not attempt or presume to perform a perfunctory duty year by year to thrust upon the intelligence of your board when I mention the obligations I am under to each member, did it not spring from the deeper sentiments of the heart and mind and from an intelligent recognition of the constant support, which you have deemed fitting to extend to me.

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MEDICAL STATISTICS, 1908.

TABLE No. 1.

Movement of Population.

	Men.	Women.	Total.
Remaining November 30, 1907	455	372	827
Admitted since	139	96	235
Number under treatment	594	468	1,062
Discharges and Deaths.			
Recovered	42	18	60
Much Improved	9	12	21
Improved	7	15	22
Unimproved	13	9	22
Not insane	1	0	1
Died	57	37	94
Remaining November 30, 1908	465	377	842

TABLE No. 2.

Assigned Cause of Insanity of those Admitted During the Year, 1908.

	Men.	Women.	Total.
Alcoholism	8	2	10
Asphyxiation	1	0	1
Chronic lead poisoning	1	0	1
Cigarette smoking	1	0	1
Confinement in prison	1	0	1
Christian Science	0	1	1
Disappointment	0	1	1
Domestic affliction	5	10	15
Epilepsy	2	3	5
Fright	0	2	2
Heredity	15	8	23
Ill health	7	5	12
Imbecility	2	0	2
Injury	6	1	7
Masturbation	7	1	8
Morphine and cocaine habit	5	1	6
Overstudy	1	2	3
Poverty	0	1	1
Pregnancy	0	8	8
Religion	1	0	1
Senility	8	5	13
Septicemia	0	1	1
Specific disease	3	1	4
Sunstroke	3	0	3
Surgical operation	2	1	3
Unknown	47	32	79
Worry	2	2	4
	139	96	235

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TABLE No. 3.

Age of those Admitted.

	Men.	Women.	Total.
From 10 to 20 years of age	13	1	14
" 20 " 30 "	17	21	38
" 30 " 40 "	34	14	48
" 40 " 50 "	20	22	42
" 50 " 60 "	32	19	51
" 60 " 70 "	12	10	22
" 70 " 80 "	9	7	16
" 80 " 90 "	2	2	4
Total	139	96	235

TABLE No. 4.

Social Condition of those Admitted.

	Men.	Women.	Total.
Married	63	44	107
Single	68	32	100
Widowed	6	17	23
Divorced	2	3	5
Total	139	96	235

TABLE No. 5.

Duration of Insanity Prior to Admission.

	Men.	Women.	Total.
Not exceeding 1 week	13	10	23
" " 1 month	26	17	43
" " 3 months	24	8	32
" " 6 "	11	9	20
" " 9 "	2	3	5
" " 12 "	7	10	17
" " 2 years	12	11	23
" " 3 "	3	3	6
" " 4 "	1	1	2
" " 5 "	4	2	6
" " 10 "	0	2	2
" " 15 "	1	1	2
" " 30 "	3	6	9
Congenital	5	1	6
Unknown	27	12	39
Total	139	96	235

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TABLE No. 6.

MONTHLY ADMISSIONS.

	Men.	Women.	Total.
December, 1907	9	10	19
January, 1908	14	5	19
February, "	10	5	15
March, "	11	2	13
April, "	10	5	15
May, "	10	12	22
June, "	9	7	16
July, "	12	14	26
August, "	13	10	23
September, "	22	11	33
October, "	6	9	15
November, "	13	6	19
Total	139	96	235

TABLE No. 7.

TIME OF TREATMENT OF PATIENTS DISCHARGED RECOVERED.

	Men.	Women.	Total.
Not exceeding 3 months	14	7	21
" " 6 "	10	5	15
" " 9 "	5	2	7
" " 12 "	6	1	7
" " 2 Years	5	3	8
" " 3 "	1	0	1
" " 6 "	1	0	1
Total	42	18	60

TABLE No. 8.

CAUSES OF DEATH.

	Men.	Women.	Total.
Acute Enteritis	0	3	3
Acute Mania	2	1	3
Acute Nephritis	1	2	3
Apoplexy	3	3	6
Arteriosclerosis	1	0	1
Cirrhosis of Liver	1	0	1
Congestion of Lungs	1	1	2
Dementia Praecox	2	1	3
Epilepsy	5	2	7
Intestinal Obstruction	1	0	1
Manic Depressive Insanity	1	11	12
Melancholia	1	2	3
Meningitis	1	0	1
Paresis	7	3	10
Phythisis Pulmonalis	5	1	6
Senile Dementia	16	4	20
Strangulation	2	0	2
Tuberculous Enteritis	1	0	1
Typhoid Fever	0	1	1
Uremia	0	1	1
Valvular Heart Disease	6	1	7
Total	57	37	94

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TABLE No. 9.

MONTHLY MORTALITY.

	Men.	Women.	Total.
December, 1907	3	3	6
January, 1908	5	4	9
February, "	4	7	11
March, "	5	2	7
April, "	6	0	6
May, "	4	0	4
June, "	3	1	4
July, "	6	1	7
August, "	6	5	11
September, "	4	4	8
October, "	7	4	11
November, "	4	6	10
Total	57	37	94

TABLE No. 10.

AGE AT DEATH.

	Men.	Women.	Total.
From 10 to 20 years	2	2	4
" 20 " 30 "	1	3	4
" 30 " 40 "	10	8	18
" 40 " 50 "	6	4	10
" 50 " 60 "	9	6	15
" 60 " 70 "	13	2	15
" 70 " 80 "	14	10	24
" 80 " 90 "	2	2	4
Total	57	37	94

TABLE No. 11.

APPROXIMATE DURATION OF INSANITY PRIOR TO DEATH.

	Men.	Women.	Total.
1 month	5	4	9
3 months	7	6	13
9 "	7	1	8
1 year	4	2	6
2 years	14	8	22
5 "	10	3	13
10 "	4	3	7
15 "	1	5	6
20 "	3	1	4
25 "	1	2	3
30 "	1	2	3
Total	57	37	94

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TABLE No. 12.

OCCUPATION OF THOSE ADMITTED.

	Men.	Women.	Total.
Attendant	1	0	1
Baker	2	1	3
Bar tender	1	0	1
Book-keeper	1	2	3
Brushmaker	1	0	1
Candy maker	1	0	1
Carpenter	4	0	4
Contractor	2	0	2
Charity worker	0	1	1
Conductor	1	0	1
Domestic	0	5	5
Engineer	1	0	1
Farmer	17	0	17
Fireman	1	0	1
Housewife	0	60	60
Insurance agent	1	0	1
Janitor	1	0	1
Laborer	28	0	28
Mail driver	2	0	2
Mechanic	2	0	2
Mill operator	7	6	13
Minister	1	0	1
Moulder	1	0	1
Musician	1	0	1
None	25	13	38
Peddler	2	0	2
Painter	3	0	3
Physician	3	0	3
Plummer	1	0	1
Sailor	6	0	6
Salesman	2	0	2
Scaler	1	0	1
Scholar	2	1	3
Ship-calker	1	0	1
Shipping commissioner	1	0	1
Seamstress	0	1	1
Shoemaker	5	1	6
Stable keeper	1	0	1
Steam fitter	1	0	1
Stone worker	5	0	5
Tailor	1	0	1
Teacher	1	5	6
Truckman	1	0	1
Total	139	96	235

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TABLE No. 13.

RESIDENCE OF THOSE ADMITTED.

	Men.	Women.	Total.
Auburn	6	5	11
Augusta	4	4	8
Athens	0	1	1
Albion	0	1	1
Alna	1	0	1
Baldwin	1	0	1
Bath	2	1	3
Belfast	1	1	2
Bar Harbor	0	2	2
Berwick	1	0	1
Bethel	1	1	2
Biddeford	2	0	2
Bingham	0	1	1
Blanchard	0	1	1
Boothbay	1	0	1
Bowdoinham	0	1	1
Bridgton	1	0	1
Bristol	1	0	1
Brownville	1	0	1
Brunswick	1	2	3
Buckfield	1	0	1
Canaan	1	1	2
Canton	1	0	1
Cape Elizabeth	1	0	1
Camden	3	0	3
Cornish	0	1	1
Cumberland	1	0	1
Cumberland County Jail	1	0	1
Denmark	0	1	1
Dover	2	0	2
Durham	0	1	1
East Livermore	1	0	1
Eden	1	0	1
Eliot	1	0	1
Ellsworth	1	0	1
Fairfield	2	0	2
Farmington	0	3	3
Farmingdale	1	0	1
Freeport	1	0	1
Friendship	1	0	1
Gardiner	2	1	3
Gorham	0	1	1
Hallowell	1	1	2
Harpswell	0	1	1
Hollis	0	1	1
Hope	0	1	1
Houlton Jail	1	0	1
Industry	1	0	1
Jay	1	0	1
Jefferson	1	0	1
Kennebec County Jail	2	0	2
Kennebunk	1	2	3
Kittery	0	1	1
Knox County Jail	1	0	1
Lewiston	10	7	17
Lincolnville	0	1	1
Lisbon	2	0	2
Littleton	0	1	1
Madison	1	1	2
Manchester	0	1	1
Mechanic Falls	1	1	2
Mexico	1	0	1
Monmouth	1	0	1
Morrill	1	0	1
Oakland	0	1	1
Otisfield	1	0	1
Oxford	1	2	3
Strong	0	1	1
Oxford County Jail	1	0	1

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TABLE No. 13—Concluded.

	Men.	Women.	Total.
Palmyra	1	0	1
Paris	1	1	2
Peru	0	1	1
Phillips	1	0	1
Phippsburg	1	0	1
Portland	16	13	29
Readfield	0	1	1
Richmond	1	1	2
Rockland	2	3	5
Rumford	3	0	3
Saco	0	2	2
Sanford	2	1	3
Sangerville	0	1	1
Shapleigh	1	0	1
Sidney	1	1	2
Skowhegan	1	1	2
Somerset County Jail	1	0	1
Standish	1	0	1
State Prison	14	0	14
Stockton Springs	1	0	1
Stonington	0	1	1
St. Albans	0	2	2
So. Berwick	0	2	2
So. Portland	2	1	3
Sumner	0	1	1
Temple	1	0	1
Thomaston	1	0	1
Tremont	1	0	1
Turner	1	0	1
Warren	0	1	1
Waldo	1	0	1
Waterboro	0	1	1
Waterville	2	2	4
Washington	0	1	1
Wayne	1	0	1
Wells	0	1	1
Westbrook	2	1	3
Whitefield	0	1	1
Winslow	1	0	1
Wilton	0	1	1
Windham	0	1	1
Yarmouth	2	0	2
York	1	0	1
Total	139	96	235

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TABLE No. 14.

Number of Admissions of those Admitted.

	Men.	Women.	Total.
Admitted the first time	113	76	189
" " second time	15	16	31
" " third time	4	4	8
" " fourth time	5	0	5
" " sixth time	1	0	1
" " seventh time	1	0	1
Total	139	96	235

TABLE No. 15.

Religion of those Admitted.

	Men.	Women.	Total.
Catholic	33	15	48
Protestant	98	80	178
Jew	2	0	2
Unknown	6	1	7
Total	139	96	235

TABLE No. 16.

Nativity of those Admitted.

	Men.	Women.	Total.
California	1	0	1
Canada	6	4	10
Denmark	1	0	1
England	1	1	2
Germany	2	1	3
Ireland	4	4	8
Italy	2	0	2
Japan	1	0	1
Maine	106	74	180
Massachusetts	1	5	6
New Hampshire	2	0	2
New York	2	0	2
New Brunswick	1	3	4
Nova Scotia	3	1	4
Ohio	0	1	1
P. E. Island	1	0	1
Quebec	1	0	1
Rhode Island	1	0	1
Russia	2	0	2
Sweden	0	2	2
Unknown	1	0	1
Total	139	96	235

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TABLE No. 17.

TYPE OF DISEASES OF THOSE ADMITTED.

	Men.	Women.	Total.
Infection Psychosis:			
Infection Delirium	1	0	1
Exhaustion Psychosis:			
Collapse Delirium	0	1	1
Intoxication Psychosis:			
1. Acute Intoxications:			
Alcoholism	2	0	2
2. Chronic Intoxications:			
Alcoholism	11	1	11
Morphinism	4	1	5
Morphinism and Cocainism	2	0	2
Saturnism	2	0	2
Dementia Praecox	14	18	32
Dementia Paralytica	16	2	18
Organic Dementias:			
1. Arterio Sclerotic Insanity	3	1	4
2. Cerebral Apoplexy	1	1	2
3. Cerebral Syphilis	1	0	1
4. Huntingdon's disease with Epilepsy	1	0	1
5. Traumatic Delirium	1	0	1
6. Traumatic Dementia	1	0	1
Involution Psychosis:			
1. Involution Melancholia	1	11	12
2. Presenile Dementia	1	0	1
3. Senile Dementia	21	13	34
Manic-depressive Insanity:			
Manic Form	11	19	30
Depressive Form	15	11	26
Paranoia	9	6	15
Epileptic Insanity	4	5	9
Constitutional Psychopathic States	5	4	9
Defective Mental Development:			
1. Feeble Minded	4	0	4
2. Imbecility	6	2	8
3. Idiocy	1	0	1
Not Insane	1	0	1
Total	139	96	235

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TABLE No. 18.

SHOWING THE OPERATIONS OF THE HOSPITAL FROM ITS COMMENCEMENT TO THE PRESENT TIME.

YEAR.	Admitted.	Discharged.	Whole number under treatment.	Recovered.	Improved.	Unimproved.	Died.	Greatest number in hospital on any day.	Least number in hospital on any day.	Remaining at the end of year.	Daily average number for the year.
1840–1	105	79	133	33	20	20	6	70	28	54	48
1841–2	87	76	141	36	16	18	6	73	50	65	62
1842–3	82	79	147	31	27	17	4	72	58	68	65
1843–4	83	75	151	32	18	22	3	79	65	76	70
1844–5	99	90	175	38	22	23	7	89	72	85	80
1845–6	102	87	187	46	22	14	5	107	79	100	93
1846–7	124	100	224	53	17	20	10	125	98	124	108
1847–8	128	125	252	60	31	14	20	135	117	127	112
1848–9	123	123	250	60	28	17	18	135	118	127	126
1849–50	126	109	253	58	20	16	15	148	126	144	137
1850–1	90	102	234	51	40	52	39	155	52	52	75
1851–2	105	72	157	36	11	16	9	84	52	84	78
1852–3	124	89	208	45	14	15	15	119	84	119	109
1853–4	110	114	229	49	15	18	32	119	114	115	109
1854–5	128	88	243	41	14	14	19	155	114	155	134
1855–6	149	114	304	54	22	19	19	194	151	190	167
1856–7	144	126	334	69	24	19	14	215	190	208	204
1857–8	126	126	334	59	25	18	24	225	205	208	213
1858–9	149	120	357	58	22	23	17	240	205	337	222
1859–60	136	133	373	63	22	17	31	246	227	240	236
1860–1	135	123	375	55	25	16	27	255	239	252	248
1861–2	125	119	377	57	24	19	19	263	244	258	254
1862–3	118	111	376	52	21	14	24	266	242	265	254
1853–4	124	135	389	49	22	11	53	273	247	254	263
1864–5	142	119	396	47	25	23	24	282	254	277	272
1865–6	135	136	412	61	29	13	33	287	267	276	277
1866–7	150	123	426	54	27	11	31	303	276	303	391
1867–8	165	129	468	63	23	16	27	341	302	339	219
1868–9	150	152	489	68	28	14	42	351	332	337	342
1869–70	130	122	467	48	19	18	37	348	330	345	339
1870–1	174	151	519	58	28	21	44	376	345	368	363
1871–2	202	177	570	79	34	19	45	404	368	393	385
1872–3	200	182	593	83	36	20	43	416	388	411	400
1873–4	189	207	600	61	33	61	52	420	393	393	406
1874–5	188	178	581	68	31	27	52	408	389	403	398
1875–6	186	184	589	68	33	31	52	408	384	405	398
1876–7	194	183	599	74	35	28	46	423	397	416	411
1877–8	188	186	604	56	45	37	48	423	406	418	415
1878–9	196	195	614	53	52	60	30	432	399	419	415
1879–80	188	171	607	57	33	43	38	439	390	436	412
1880–1	215	201	651	56	57	42	46	453	426	450	442
1881–2	194	183	644	71	35	34	43	465	433	461	449
1882–3	208	205	669	53	42	22	88	467	430	464	450
1883–4	203	207	667	59	31	16	101	472	443	460	454
1884–5	249	223	709	80	54	12	77	488	459	486	474
1885–6	231	189	717	66	56	7	60	543	484	528	506
1886–7	226	202	754	82	52	14	54	556	527	552	543
1887–8	250	224	802	76	48	19	81	600	552	578	580
1888–9	225	223	803	65	60	22	76	599	561	580	579
1889–90	253	207	833	65	52	17	73	634	577	626	612
1890–1	245	198	871	63	47	18	70	677	626	673	649
1891–2	269	257	942	71	72	25	89	697	669	685	685
1892–3	287	301	972	75	83	55	88	714	671	671	693
1893–4	284	275	955	84	51	36	104	706	668	680	680
1894–5	274	248	954	95	54	34	65	712	680	706	698
1895–6	240	237	946	58	70	29	80	717	690	709	703
1896–7	255	251	964	52	95	33	81	737	710	713	722
1897–8	234	214	947	42	76	35	61	740	708	733	727
1898–9	249	235	982	48	37	21	103	771	732	747	747
1899–1900	273	249	1020	61	49	32	107	782	748	771	764
1900–1901	206	377	977	66	92	117	102	776	600	600	702
1901–1902	203	172	803	46	28	16	82	631	596	631	607
1902–1903	209	176	840	57	31	17	77	668	629	664	646
1903–1904	200	160	864	49	23	11	77	710	663	704	689
1904–1905	210	201	914	63	38	11	89	728	701	713	710
1905–1906	278	185	991	47	13	22	90	809	712	806	739
1906–1907	249	227	1,054	48	35	40	104	844	803	827	822
1907–1908	235	220	1,062	60	22	22	94	863	830	842	846

BIGELOW T. SANBORN, *Superintenaent.*

Maine Insane Hospital, November 30, 1908.

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FINANCIAL REPORT OF COMMITTEE ON CHASE ISLAND HOSPITAL.

AUGUSTA, MAINE, November 30, 1908.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 13, 1907, (see chapter 30, laws of 1907, page 1446) appropriating seven thousand five hundred dollars for the year 1908, for the following purposes:

The construction of an additional building, a bath and swimming pool, a gasoline launch, salary of caretaker, transportation of patients, officers, employees, additional bedding, repairs and cost of running launch,

We herewith submit report of cash received on account of appropriation and disbursements for the year ending November 30, 1908.

1907.	RECEIPTS.		
Dec. 1.	Balance cash on hand	$327 51	
1908.			
Aug. 3.	To cash from State Treasurer	1,500 00	
Nov. 2.	To cash from State Treasurer	1,000 00	
	Balance Convalescent Hospital Support account, in excess of cost of subsistence	553 48	$3,380 99
	DISBURSEMENTS.		
	Paid Portland Sewer Pipe and Artificial Stone Co., material and labor building swimming pool	$740 00	
	Camden Anchor-Rockland Machine Co. 1-13 H. P. Gasoline Engine	421 56	
	Capt. B. R. Arey, charter of steamers to and from Chase Island and Bangor 4 trips	310 00	
	S. H. Mayo, repairing launch	131 76	
	J. O. Brown, repairing launch	44 16	
	Brooks Hardware Co., shovels, picks, etc	25 10	
	Walworth Mfg. Co., fittings	16 15	
	Labor of men digging and laying pipe to swimming pool	354 00	
	Salary of caretaker and use of launch	680 00	
	Transportation of patients and officers	818 32	
		$3,541 05	
	Balance expended in excess of appropriation		160 06
		$3,541 05	$3,541 05

Respectfully submitted,

EDWARD E. CHASE,
CHARLES E. FIELD,
MRS. FREDERICK CONY,
Committee on Chase Island Hospital.

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REPORT OF BUILDING COMMITTEE ON FIRST MALE WING.

AUGUSTA, MAINE, November 30, 1908.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved February 15, 1907, (see chapter 35, laws of 1907, page 1448.)

Resolved, "That there be and hereby is appropriated the sum of forty-five thousand dollars, for the use of the Maine Insane Hospital, for the purpose of reconstructing the first male wing. Said sum to be expended under the direction of the trustees of insane hospitals."

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1908.

RECEIPTS.		
1907. Appropriation renovation First Male Wing.		
Dec. 1. Balance cash on hand unexpended, appropriation renovation First Male Wing	$7,319 00	
1908.		
Jan. 2. To cash received from State Treasurer	10,000 00	
Aug. 4. To cash received from State Treasurer	5,000 00	$22,319 00
1908. DISBURSEMENTS.		
Paid R. J. Noyes contractor, masonry and carpenter work	$18,700 80	
Coombs and Gibbs, architects, plans, specifications, traveling expenses, etc	1,906 81	
Morss & Whyte, window guards	336 00	
Morse & Co., baggage room drawers, etc	137 00	
Brooks Hardware Co., hardware	61 96	
Labor of men, blasting, teams, material, etc	381 57	
PLUMBING AND WATER PIPING.		
F. W. Webb Mfg. Co. pipe fittings, etc	1,303 64	
J. L. Mott Iron Works, bath tubs, fixtures, etc	364 00	
Fred A. Houdlette & Son, water pipe	134 89	
American Tube Works, brass pipe	94 69	
Plumbing account, labor of men, material, etc	456 06	
Water piping account, labor of men, teams, material, etc	612 21	
STEAM HEATING AND VENTILATION		
W. W. Carman, labor, pipe fittings, etc	1,249 74	
Labor of men, teams, freight, etc	85 18	
J. H. Stetson Co., galvanized heat and ventilation boxes and connections	897 80	
ELECTRIC WIRING AND GAS PIPING.		
Kennebec Light and Heat Co., labor of men and material	959 14	
	$27,681 49	
Due from State of Maine account appropriation First Male Wing for balance unexpended in excess of appropriation		$5,362 49
	$27,681 49	$27,681 49

Respectfully submitted,

GEO. E. MACOMBER,
MRS. FREDERICK CONY,
THOMAS WHITE,
A. R. NICKERSON,
Building Committee.

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REPORT OF THE COMMITTEE ON THE CRIMINAL INSANE BUILDING.

AUGUSTA, MAINE, November 30, 1908.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve approved March 6, 1908, (see chapter 82, laws of 1907, page 1463.

Resolved, "That there be and is hereby appropriated the sum of forty thousand dollars for the purpose of constructing a suitable building for the criminal insane upon the arsenal grounds of the Maine Insane Hospital, said appropriaation to be expended under the direction of the trustees of insane hospitals."

We herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1908.

	RECEIPTS.		
1907.	Appropriation Criminal Insane Building.		
Dec. 1.	Balance cash on hand unexpended, appropriation Criminal Insane Building	$8,819 55	
1908.			
Jan. 2.	To cash from State Treasurer	5,000 00	
Aug. 4.	To cash from State Treasurer	8,000 00	
Nov. 2.	To cash from State Treasurer	10,000 00	$31,819 55
1908.	DISBURSEMENTS.		
Paid	C. E. Hoxie, contractor	$19,336 00	
	C. E. Hoxie, bill of extras	160 05	
	Angle Stone, cutting and carting of same	1,561 00	
	F. Korneffel & Son, copper ventilator	11 00	
	Advertising for proposals	4 50	
	W. B. Getchell, services as engineer	50 00	
	Brooks Hardware Co., hardware	46 31	
	Labor of men and teams, grading grounds	194 52	
	Austin & Dotton, galvanized sheet iron for doors	100 79	
	Freight on galvanized iron and locks	8 42	
	Electrical material	15 20	
	PLUMBING AND WATER PIPING.		
	F. W. Webb Mfg. Co., pipe fittings	413 14	
	American Tube Works, brass pipe	242 88	
	Fred A. Houdelette & Son, pipe fittings	40 54	
	Fairbanks Co., valves	40 22	
	Labor of men digging trench, laying water pipe, plumbing, freight, fittings, etc	818 71	
	STEAM HEATING.		
	W. W. Carman, labor, pipe, fittings, etc	2,621 41	
	Nightengale & Childs Co., pipe covering	631 05	
	Labor of men digging trench, carting pipe, freight on pipe, etc	1,027 12	$27,323 06
1908			
Nov. 30.	Balance unexpended		4,496 49
Dec. 1.	Balance cash on hand, unexpended	$4,496 49	$31,819 55

Respectfully submitted,

GEO. E. MACOMBER,
MRS. FREDERICK CONY,
THOMAS WHITE,
A. R. NICKERSON,
Building Committee.

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REPORT OF BUILDING COMMITTEE ON LAUNDRY.

AUGUSTA, MAINE, November 30, 1908.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—In accordance with the resolve appropved February 13, 1907, (see chapter 28, laws of 1907, page 1445) appropriating eighteen thousand three hundred and eighty-five dollars ($18,385.00) for rebuilding laundry, furnishing and machinery, we herewith submit our report of cash received on account of the appropriation and disbursements for the year ending November 30, 1908.

1907. RECEIPTS.		
Dec. 1. Balance Cash on hand unexpended appropriation rebuilding laundry	$2,827 90	$2,827 90
DISBURSEMENTS.		
Paid R. J. Noyes, labor of men and material	5,450 31	
Coombs & Gibbs, architects, plans, specifications, traveling expenses, etc	600 00	
W. W. Carman, labor and material	68 16	
A. L. Mitchell, furniture	88 00	
Geo. Fullers Sons, iron stairs	27 34	
Kennebec Light & Heat Co., electrical wiring and material	82 89	
Labor of plumbers and fittings	199 26	
Labor of men and teams carting material	102 42	
	$6,618 38	
Due from State of Maine account appropriation rebuilding laundry for balance expended in excess of appropriation		$3,790 48
	$6,618 38	$6,618 38

Respectfully submitted,

GEO. E. MACOMBER,
MRS. FREDERICK CONY,
THOMAS WHITE,
A. R. NICKERSON,
Building Committee.

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STEWARD AND TREASURER'S REPORT.

To the Trustees of the Maine Insane Hospital:

I herewith present my report of the financial standing of the Maine Insane Hospital for the year ending November 30, 1908.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1908.

Dr.		
Balance of cash on hand December 1, 1907	$12,297 30	
Receipts for year, hospital account	226,128 00	
Received from the State of Maine, account Coburn Fund, Williams and Gilman Legacies and Orne Fund	2,226 25	
Received from the State of Maine, account renovation First Male Wing	15,000 00	
Received from the State of Maine, account Criminal Insane Building	23,000 00	
Received from the State of Maine, account purchasing herd of cattle	2,000 00	
Received from the State of Maine, account appropriation for Chase Island	2,500 00	$283,151 55
Cr.		
Disbursements, hospital account	$213,248 46	
Disbursements, account Coburn Fund	4,446 65	
Disbursements, account appropriation renovation First Male Wing	22,319 00	
Disbursements, account appropriation rebuilding laundry, furnishings and machinery	2,827 90	
Disbursements, account appropriation construction Arsenal road and concrete sidewalk	4,395 45	
Disbursements, account purchasing herd of cattle	3,305 10	
Disbursements, account appropriation for construction of Criminal Insane Building	27,323 06	
Disbursements, account appropriation for Chase Island	2,500 00	
Balance of cash on hand December 1, 1908	2,785 93	$283,151 55

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COMPARATIVE STATEMENT "A".

Of Resources and Liabilities, November 30, 1907.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	$12,297 30	
Due from State of Maine for support of patients	18,715 92	
Due from towns and individuals for support of patients	38,753 94	
Provisions, groceries, crockery and furniture on hand, per inventory	19,929 22	
Dry goods, clothing, etc. on hand, per inventory	12,000 77	
Coal on hand, per inventory	11,851 84	
Medical supplies on hand, per inventory	1,500 85	
Horses, cows, hogs and produce on hand, per inventory	23,040 19	
Repairs and improvements, pipe, fittings, lumber and materials on hand, per inventory	12,940 32	
Expense, stationery, books and office materials on hand, per inventory	575 71	
Real estate, Norton House, purchased in 1886	900 00	
Real estate, Hoyt House, purchased in 1890	2,500 00	
Real estate, Severance farm, purchased in 1893	2,000 00	
Real estate, Thorne farm, purchased in 1893	4,500 00	
		$161,506 06
LIABILITIES.		
Due firms and individuals, account supplies	$45,693 91	
Due employees, per pay roll	4,973 40	
Amusement fund, Orne bequest, (1883)	1,000 00	
Colburn fund, balance interest in treasury	4,014 73	
Appropriation, First Male Wing, balance unexpended	7,319 00	
Appropriation, laundry, balance unexpended	2,827 90	
Appropriation, Green house, balance unexpended	1,500 00	
Appropriation, slaughter house, balance unexpended	1,000 00	
Appropriation, Criminal Insane Building, balance unexpended	8,819 55	
Appropriation, Arsenal road, balance unexpended	4,395 45	
Appropriation, purchasing cattle, balance unexpended	2,640 00	
		$84,183 94
Net resources, as per hospital account "A" in annual statement, November 30, 1907		$77,322 12

COMPARATIVE STATEMENT "B".

Of Resources—Supplies in Use November 30, 1907.

Dispensary department, medical instruments, furnishings, etc., on hand, per inventory	$1,596 09	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc., on hand, per inventory	8,651 88	
Greenhouse department, plants, pots, implements, etc., on hand, per inventory	1,603 55	
Hospital furnishings department, furniture, bedding, fixtures, household materials, etc., on hand, per inventory	65,409 80	
Repairs and improvements department, engineer's, blacksmith's, carpenter's, painter's, mason's and plumber's tools, implements, etc., on hand, per inventory	3,698 23	
Amusement fund, principal of Orne bequest (1883)	1,000 00	
		$81,959 55
Net resources, as per hospital account "B" in annual statement, November 30, 1907		$81,959 55

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COMPARATIVE STATEMENT "A".

Of Resources and Liabilities November 30, 1908.

RESOURCES—SUPPLIES IN STOCK.		
Cash on hand	$2,785 93	
Due from State of Maine for support of patients	15,447 93	
Due from towns and individuals for support of patients	43,151 76	
Provisions, groceries, crockery and furniture on hand, per inventory	21,870 53	
Dry goods, clothing, etc., on hand per inventory	10,964 47	
Coal on hand, per inventory	11,086 28	
Medical supplies on hand, per inventory	1,787 19	
Horses, cows, hogs and produce on hand, per inventory	26,997 89	
Repairs and improvements, pipe, fittings, lumber and materials on hand, per inventory	12,872 50	
Expense, stationery, books and office materials on hand, per inventory	566 03	
Real estate, Norton house, purchased in 1886	900 00	
Real estate, Hoyt house, purchased in 1890	2,500 00	
Real estate, Severance farm, purchased in 1893	2,000 00	
Real estate, Thorne farm, purchased in 1893	4,500 00	
Due from State of Maine, account appropriation First Male Wing, for balance expended in excess of appropriation	5,362 49	
Due from State of Maine, account appropriation rebuilding laundry, for balance expended in excess of appropriation	3,790 48	
Due from State of Maine, account appropriation for Arsenal road, for balance expended in excess of appropriation	4,403 96	
		$170,987 44
LIABILITIES.		
Due firms and individuals, account supplies	$65,432 96	
Due employes, per pay roll	5,135 07	
Amusement fund, Orne bequest (1883)	1,000 00	
Coburn fund, balance interest in treasury	1,794 33	
Appropriation, greenhouse, balance unexpended	1,500 00	
Appropriation, slaughter house, balance unexpended	1,000 00	
Appropriation Criminal Insane building, balance unexpended	4,496 49	
Appropriation, purchasing cattle, balance unexpended	1,334 90	
		$81,693 75
Net resources, as per hospital account "A" in annual statement, November 30, 1908		$89,293 69

COMPARATIVE STATEMENT "B".

Of Resources—Supplies in Use November 30, 1908.

Dispensary department, medical instruments, furnishings, etc., on hand, per inventory	$1,591 46	
Farm department, agricultural implements, carts, carriages, sleds, sleighs, tools, etc., on hand per inventory	8,725 08	
Greenhouse department, plants, pots, implements, etc., on hand, per inventory	1,477 95	
Hospital furnishings, department, furniture, bedding, fixtures household materials, etc., on hand, per inventory	65,307 02	
Repairs and improvements department, engineers, blacksmith's, carpenter's, painter's, mason's, and plumber's tools, implements, etc., on hand per inventory	3,756 39	
Amusement fund, principal of Orne bequest (1883)	1,000 00	
		$81,857 90
Net resources, as per hospital account "B" in annual statement, November 30, 1908		$81,857 90

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TWENTY-FIFTH ANNUAL FINANCIAL

	Supplies in stock. On hand per inventory available November 30, 1908.	Supplies in use. wn dand per inventory unavailable November 30, 1908.	Trial Balance.		Net cost of different departments.
Hospital account "A" supplies in stock				$77,322 14	
Hospital account "B" supplies in use				81,959 55	
Cash			$2,785 93		
Dry goods department	$10,964 47		8,951 30		
Dispensary department	1,787 19	$1,591 46	5,800 21		$2,421 56
Farm department	22,294 18	8,725 08	27,336 75		
Garden department	1,024 71		791 31		
Greenhouse department		1,477 95	2,464 84		986 89
Grocery department	19,275 40		19,275 40		
Expense department	566 03		7,996 06		7,430 03
Heating and lighting department	11,086 28		33,183 18		22,096 90
Hog department	3,679 00		2,770 31		
Hospital furnishings department	1,193 63	65,307 02	76,525 83		10,025 18
Repairs and improvements department	12,872 50	3,756 39	31,754 26		15,125 37
Real estate department	9,900 00		9,828 00		
Subsistence department	1,401 50			74,896 91	
Amusement fund, "Orne"			1,000 00		
Coburn fund				1,794 33	
Bills payable				1,000 00	
Interest and discount				496 50	
Salaries and wages (due employes)				5,135 07	
State of Maine (owes hospital)			15,447 93		
Sundry persons and towns (owe hospital)			43,151 76		
Sundry persons and towns (hospital owes)				65,432 96	
Extra repairs and improvements			10,502 98		10,502 98
Water service, additional			3,245 87		3,245 87
Appropriation first male wing balance expended in excess of appropriation			5,362 49		
Appropriation rebuilding laundry balance expended in excess of appropriation			3,790 48		
Appropriation rebuilding greenhouse and slaughter house balance unexpended				2,500 00	
Appropriation criminal insane building balance unexpended				4,496 49	
Appropriation arsenal road balance expended in excess of appropriation			4,403 96		
Appropriation purchasing herd of cattle balance unexpended				1,334 90	
	$96,044 89	$80,857 90	316,368 85	316,368 85	
Increase in hospital account "A"					11,971 55
Decrease in hospital account "B"					
					$83,806 33
Net increase					$11,869 90

We hereby certify that we have examined the accounts of the treasurer for the year ending November 30, 1908 and find them correct.

THOMAS WHITE,
CHAS. E. FIELD,
A. R. NICKERSON. } *Finance Committee of Trustees.*

Very respectfully submitted,

MANNING S. CAMPBELL, *Steward and Treasurer.*

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STATEMENT NOVEMBER 30, 1908.

Net production or gain of different departments.	Hospital Account A. Available assets.		Hospital Account B Unavailable assets.		Resources B. Assets unavailable.	Resources A. Assets available.	Liabilities.
		$77,322 14		$81,959 55			
						$2,785 93	
$2,013 17						10,964 47	
					$1,591 46	1,787 19	
3,682 51					8,725 06	22,294 18	
233 40						1,024 71	
					1,477 95		
						19,275 40	
						566 03	
						11,086 28	
908 69						3,679 00	
					65,307 02	1,193 63	
					3,756 39	12,872 50	
72 00						9,900 00	
76,298 41						1,401 50	
					1,000 00		
							$1,794 33
							1,000 00
496 50							
							5,135 07
						15,447 93	
						43,151 76	
							65,432 96
						5,362 49	
						3,790 48	
							2,500 00
							4,496 49
						4,403 96	
							1,334 90
		11,971 55					
101 65			101 65				
$83,806 33							
Balance Hospital account A	$89,293 69						
Balance Hospital account B			$81,857 90				
	$89,293 69	$89,293 69	$81,959 55	$81,959 55			
Total resources A						170,987 44	
Total resources B					$81,857 90	81,857 90	
Total resources and liabilities						252,845 34	$81,693 75
Balance Hospital account A							89,293 69
Balance Hospital account B							81,857 90
Proof						252,845 34	252,845 34

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GARDEN PRODUCTS FOR THw RwAR 1908.

17	Bushels crab apples	$12 75
51	Bushels apples	35 75
312	Pounds asparagus	39 00
35	Bushels beet greens	17 50
16,429	Pounds beets	191 21
111	Bushels string beans	138 75
257	Boxes blackberries	32 12
4,402	Pounds cabbage	66 03
79,830	Ears corn	284 97
22,830	Cucumbers	222 80
192	Boxes currants	19 20
3,878	Pounds carrots	55 03
4,025	Heads celery	484 38
7 1-10	Tons corn fodder	28 40
4,662	Heads lettuce	170 10
1,936	Pounds onions	38 72
4,117	Pounds pumpkin	72 80
54	Bushels peas, green	67 50
6,322	Pounds parsnips	79 03
5	Bushels pears	7 50
88	Bushels cucumber pickels	132 00
10	Boxes raspberries	1 25
620	Bunches radishes	31 00
2,685	Pounds rhubarb	39 48
23,343	Pounds squash	396 87
100	Bushels spinach	40 00
56	Boxes strawberries	7 00
5,401	Pounds tomatoes	135 80
15,205	Pounds turnips	158 98
		$3,004 92

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FARM PRODUCTS FOR THE YEAR 1908.

198½	Pounds calf skins	$23 49
308–712–2000	Tons ensilage	2,158 49
87	Pounds hides	3 71
315–830–2000	Tons hay	4,731 22
65	Pounds liver	2 45
21,779–½	Gallons milk	4,915 90
500	Bushels oats	300 00
5–1715–2000	Tons oats and peas, green	35 15
224,838	Pounds of potatoes	2,248 38
124	Bushels small potatoes	37 20
12–1912–2000	Tons straw	97 62
16	Pounds tongue	1 97
1,659	Pounds veal	170 39
		$14,725 97

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ARTICLES MADE IN SEWING ROOM, NOVEMBER 30, 1908.

326	Aprons.
129	Bureau covers.
1,074	Bandage rolls.
3	Books covered.
36	Bibs.
84	Clothes bags.
510	Christmas bags.
142	Chimese.
38	Camisoles.
180	Camisole strings.
42	Clothes bag strings.
135	Curtains.
8	Cook's caps
1	Carriage cover.
55	Coffee, provision, sand and jelly bags.
221	Dresses.
701	Dresses repaired.
2	Dress Skirts.
6	Dress skirts repaired.
2	Dusters.
12	Eye curtains.
2	Fireman's hoods
4	Hoods (Hot Pack).
3	Hot pack wringers.
224	Pair ladies drawers.
8	Pair mittens.
4	Mangle covers.
106	Nightdresses.
367	Napkins hemmed.
1,482	Pillow slips.
1	Surgical knife case.
2	Sofa pillows.
8	Sofa pillow linings.
465	Skirts.
2,944	Sheets.
309	Tablecloths.
7	Tablecovers felt.
7	Waists.
1	Lung protector.
2	Shirtwaists.
430½	Yards tennis tape.
2,874	Towels.
12	Rubber caps.
1	coat repaired.

ARTICLES REPAIRED IN SEWING ROOM, NOVEMBER 30, 1908.

536	Aprons.
6	Pair blankets bound.
11	Bureau covers.
16	Clothes bags.
144	Cook's coats.
53	Camisoles.
4	Carriage robes.
16	Curtains.
17	Frocks
35	Napkins from old material.
60	Rugs bound.
18	Pair white pants.
53	sheets.
50	Spreads.
118	Tablecloths.
61	Tablecloths from old material.
7	Pillow slips.
38	Rugs made from carpets.
36	Towels from old material.

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REPORT OF CHAPLAINS.

To the Trustees of the Maine Insane Hospital:

GENTLEMEN:—Religious services have been held in the hospital chapel during the year 1908. At two o'clock on Sunday afternoons, Dr. Sanborn accompanies the officiating clergyman to the platform and at their appearance the service is begun by music from the excellent choir. The service is simple in form, occupies about one hour and is of a character in general that would be satisfactory to most regular congregations.

The patients are appreciative of the preaching and are unquestionably helped by the whole service. Quite a portion of those able to attend the services are thoroughly competent to enjoy and profit by the various features of the exercises.

The chaplains of the year have been the Revs. C. A. Hayden, H. E. Dunnack and B. P. Hope. Service has also been rendered by the Rev. Fr. McCabe of St. Mary's church.

The chaplains would avail themselves of this opportunity to make mention to your honorable body of their appreciation of the hearty cooperation of all officials and attendants, whose duties cause them to be in any way associated with the religious services of the institution. Nor can we speak too highly of the sympathy and interest of the efficient superintendent, Dr. B. T. Sanborn, both in the personal well-being of the patients, and in everything which pertains to their lives. We earnestly pray that the Giver of every good may continue to give this institution the gracious and able ministries of this noble Christian gentleman for many years to come.

Respectfully submitted,

B. P. HOPE,
For the chaplains.

December 28, 1908.

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REPORT OF VISITING COMMITTEE.

LEWISTON, MAINE, December 31, 1908.

To His Excellency, the Governor, and Executive Council of the State of Maine:

The committee appointed by His Excellency in 1908 to visit the insane hospitals of the State during the years 1907 and 1908 have attended to the duties imposed upon them, and beg leave to repeat substantially what was said in their report for the year 1907.

"Frequent and irregular visits have been made to both hospitals. No intimation has been given to the hospital management of any intended visit of the committee.

The wards have been promptly inspected on reaching the hospital. At no time has your committee observed anything in the way of treatment of the inmates or conditions existing for which the management could be criticized.

Your committee are gratified to be able to report that they are well satisfied that the inmates of both hospitals are kindly treated, that the management take a deep personal interest in them and that the attendants exercise a large measure of patience toward and kindly consideration for those who have been placed in their keeping.

Our visits have been welcomed by the officials of both hospitals and we wish to express our obligation for the courtesy extended to us by them at all times."

W. SCOTT LIBBEY,
SARAH E. PETTENGILL.
THOS. G. LIBBY.

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REPORT

OF THE

Trustees, Resident Officers and Visiting Committee

OF THE

EASTERN MAINE INSANE HOSPITAL

December 1, 1908

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OFFICERS OF THE HOSPITAL.

TRUSTEES.

FREDERICK W. ROBIE, President, Gorham.
CHARLES E. FIELD, Secretary, Bangor.
MRS. FREDERICK CONY, Augusta.
A. R. NICKERSON, Boothbay Harbor.
THOMAS WHITE, Bangor.
GEORGE E. MACOMBER, Augusta.
EDWARD E. CHASE, Bluehill.

RESIDENT OFFICERS.

H. W. MITCHELL, M. D., Superintendent.
FORREST C. TYSON, M. D., Assistant Superintendent.
MARY P. MITCHELL, M. D., Second Assistant.
JAMES W. CRANE, M. D., Interne.
CHARLES F. PERRY, Steward.
CHARLES S. PEARL, Treasurer.
ADELAIDE C. BROWN, Matron.

CHAPLAINS.

REV. THOMAS FESSENDEN.
REV. D. B. LOTHROP.
MR. ROBERT JORDAN.
REV. JOHN DRISCOLL.

SUPERVISORS.

Male.

FRED R. CARTER.
EDWARD W. BRAILEY, Assistant Supervisor.
SAMUEL MARSH, Night Supervisor.

Female.

MARY E. HICKEY.
ANNIE M. CARROLL, Assistant Supervisor.
EVELYN C. STUART, Night Supervisor.

S. WILBUR FISKE, Engineer.
LESLIE W. SOMERS, Hospital Clerk.
BERNICE M. SMITH, Assistant Hospital Clerk.
LILLIAN I. GOODRICH, Superintendent's Clerk.
WILLIAM A. PALMER, Store Clerk.
GEORGE WARE, Head Farmer.

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SUPERINTENDENT'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

In compliance with the statutes, I herewith submit the superintendent's eight annual report, for the year ending November 30, 1908.

The daily average number of patients was 234.4 in 1907 and is 279.8 for 1908. On December 1, 1907, there were 263 patients. Since that time 140 patients, 66 men and 74 women, have been committed, and 112 have been discharged. The movement for the year leaves a population of 291 patients. Because of the over-crowding during the past year, resulting from caring for nearly 300 patients in wards designed to have a capacity of 200, there has been a constant effort to reduce the number whenever a removal from the hospital could be accomplished with safety to the patient and community and without injury to the mental condition of the former. Despite this policy there has been, within the year, a gain of 28 patients. Last year the increase was 43, making a total of 71 for the biennial period. At the opening of the hospital it was decided to commit here all insane patients from the five eastern counties. This proper policy soon filled the wards and for several years commitments here have been made from only three counties and a portion of a fourth. Even after the reduction of commitments it has been necessary to transfer 87 patients to the older and more commodious hospital, where at the present time many patients from the eastern half of the State are necessarily being committed each year. The wing now ready for furnishing will meet the needs of the immediate future for women patients only. The building for men is filled to its maximum capacity, and we have arrived at a point where new patients can be accommodated only by removal of others. To meet this condi-

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tion a new wing for men must be constructed immediately if the hospital is expected to perform its proper function, viz., the care of insane persons from the eastern district. This is the need under conditions which prevail today. When the State Care Act becomes operative in 1910, we may confidently expect an increased number of commitments from any given district, in addition to the numbers that will be taken from the almshouses immediately. New construction, therefore, is the only solution of the problem.

We are fortunate in being able to report no serious injuries and no suicides during the past year. All escaped patients have been returned to the hospital excepting one suffering from alcoholic excesses who had improved sufficiently to remain at home as requested by his relatives.

During the months of May and June, 9 cases of typhoid fever developed (7 employes and 2 patients). Our water supply was found by the State Board of Health to be uncontaminated and it was impossible to locate any common source of infection. The milk supply was investigated and while the infection could not be traced here, it was felt that this was the possible cause of the small epidemic, as our milk dealer was at that time buying milk on the market. Steps have been taken to prevent a recurrence of such purchases, and we are now assured of a regular supply from one tested herd, kept under the best conditions. Recent demonstrations of the part "typhoid carriers" may play in the production of this disease show that many obscure cases may originate from this source. Six of the cases were of a mild type and three were severe, all recovering.

WORK OF THE MEDICAL STAFF.

The duties of the medical officers have been increased for nearly a year and a half by adoption of the method of case study familiar to the followers of Kraepelin. Briefly this involves the making of a complete case history for each patient admitted, including a full family and personal history, a painstaking physical examination with study of secretions by chemical and microscopical methods and a full description of the psychosis from inception to termination. This careful study of cases is supplemented by staff-meetings at which all new

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patients are examined by the full staff, and matters concerning, diagnosis, prognosis and treatment are discussed to the benefit of patients and instruction of physicians. Work of this character forms the foundation for more elaborate medical study to be developed later, which must be done by any hospital desiring to play a part in advancing the study of psychiatry and promoting the welfare of the insane.

DISCHARGES.

Of the 112 patients discharged, 29 were considered to be recovered from the attack which necessitated commitment, and 12 more showed so little mental impairment resulting from their psychosis, as to be considered capable of self-support under proper conditions of living. In this connection it should be stated that "after-care" of this class of patients is of extreme importance. In some states philanthropic organizations have taken up this work in a systematic manner and the results shown encourage the hope that in the early future help and supervision of this character may be rendered to patients in this State, who are able to be of limited usefulness, provided their interests are properly conserved by watchful care and tactful aid. The 28 deaths are shown by a study of table 12 to be confined almost entirely to hopeless cases.

CHASE INLAND.

The usual number of patients was sent to Chase Island during the past summer which was exceptionally favorable to the fullest enjoyment of the outing. The advantages conferred by these prolonged visits at the seashore under ideal conditions are now so well known that no further argument is needed for the perpetuation of this summer home.

TRAINING SCHOOL.

The instruction has been continued along the lines mentioned in the last annual report. All women nurses are expected to take the course. This year four men have voluntarily applied for admission to the school and are now taking the regular course. Five young women graduated last spring. Their names are given below.

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Annie Maude Carroll, Eva Brown, Lillian Frances Greene, Laura Gertrude Pierce, Laura Jane Page.

The compensation for nurses should be increased to a par with that given in other New England insane hospitals where the requirements of service are identical.

CHANGES IN THE MEDICAL STAFF.

Dr. Louis W. Parady completed his year of service as interne and left the hospital to accept a desirable position as assistant physician in a New York sanitarium for mental diseases. The vacancy was filled by the appointment of Dr. James W. Crane, a graduate of the Bowdoin Medical School, class of 1908.

The increase of patients that will occur in the near future with the opening of the new wing and tubercular building, will necessitate the appointment of another assistant physician as a permanent addition to the staff.

RELIGIOUS SERVICES.

Regular Sunday service has been held in the afternoon by the chaplains. Early in the year failing health compelled the late Rev. Edward McSweeny to give up the work which he had performed so satisfactorily since religious services were held at the hospital. At that time, no successor of the Catholic faith could be obtained and the Rev. D. B. Lothrop was appointed.

Removal to a new pastorate necessitated the resignation of the Rev. Thomas Fessenden, whose helpful talks will be missed by all.

Beginning with the next fiscal year, mass will be held Sunday mornings at stated intervals by the Rev. Fr. Driscoll. This service is given for the benefit of Catholic patients who would otherwise be deprived of the religious consolation thus obtained. Protestant service will continue to be held as formerly in the afternoon.

FARM AND GARDEN.

The prolonged drought of last summer was unfavorable to obtaining the best results in this department, but nevertheless, the vegetable crop was so much larger than in previous years that our wants will be supplied for the year. The potato crop, of excellent quality, was practically double that of former years.

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It should be the function of the farm to furnish all the farm products needed for the hospital. In the near future, arrangements should be perfected for keeping cows. Good milk is a daily necessity and, while our present arrangements insure a satisfactory supply, the hospital should, by starting milk production in a small way, insure against future uncertainty in obtaining its requirements.

FUTURE NEEDS.

During the next biennial period, the State Care Act of the insane goes into effect and will necessitate for the support of patients an appropriation by the State of money hitherto collected from the various towns for the support of patients. This change in methods brings about an apparent rather than a real increase in the expenditure of public funds. If this hospital should have 400 patients during the year 1910, the amount of $142,896 would have to be provided for the year. This estimate is obtained by taking the average annual per capita cost for the past eight years, which is computed upon all the money spent at the hospital, excepting that appropriated for new construction.

CONCRETE.

A concrete water shed, to prevent washing of roof drippings around the buildings completed this year must be constructed and small areas around the entrances require the same protection. For this work $600 will be needed.

STERILIZER.

The safety and welfare of patients demand the installation of a sterilizer for the purpose of disinfecting, whenever necessary, mattresses, bedding and clothing used by patients with infectious diseases. Such materials can be surely disinfected by steam only. A price quoted is $1020 and does not include expense of installation, which can be done by the hospital engineer.

MORSE PLACE.

The option on the purchase of fifty acres of land admirably suited for the hospital farm will require an appropriation of $4,500 to complete the purchase. To offset this amount, $3,000

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will be available as soon as a deed can be given the city of Bangor for a small piece of land adjoining the water works. The city needed this land, but it was of comparative little value to the State. By the two transactions, the State will secure two small barns and 50 acres of land adapted to our needs, in exchange for a strip of land of about two acres and a net expenditure of $1,500.

VEGETABLE CELLAR AND TOOL SHED.

Some years ago a temporary dugout with a wooden roof covered with earth was constructed for the storage of vegetables. The logs supporting the roof are so badly decayed that it is unsafe to use it longer and it is entirely too small for future needs. At the present time hundreds of bushels of farm and garden products are deteriorating because proper storage is lacking, and the loss will be greater annually until the problem is solved by the construction of a cellar of ample size where cool storage room can be secured. The best and, in the long run, the cheapest way to overcome the present difficulty, will be to build a stone and concrete cellar which will not require repairs. On the ground above, we should erect a presentable but cheaply constructed wagon and tool shed to be used for housing farming implements, many of which are now left exposed to the weather for lack of shelter room. The sum of $4,000 will furnish the material and necessary labor for this construction which will soon pay for itself in preserving farming products and tools.

PIGGERY EXTENSION.

The present piggery was erected at a cost of about $600. There is a constant market for pigs which can be sold at a good profit. To double our capacity will not increase the cost of attendance and the larger farming operations and greater amount of refuse will afford maintenance for many more animals than we can keep at present.

NEW WING.

The necessity of a wing for male patients has been stated before. This wing should be of the same construction as the others and contain such internal changes as to afford us a well

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rounded hospital for the reception of acute cases. With this building erected, the present group will be symmetrical. It is altogether probable that the future building operations at this hospital can be conducted more economically and at no sacrifice to the interests of the patients by erecting for the quiet and orderly chronic insane, dormitory buildings at a greatly reduced per capita cost. Such patients as will be received from the almshouses in 1910 can be adequately maintained in much more economical buildings than are essential for the proper care of new cases. The erection of the building planned will afford this hospital facilities now lacking for the care of new male patients and sufficient to meet the needs of this class for many years. The least sum adequate for the purpose is $175,000. Much blasting will be required for the foundations and heavy solid finish and construction is essential for this wing which will then afford us proper quarters for the care of excitable, disorderly and destructive male patients.

TOOLS, IMPLEMENTS, ETC.

To secure the best results from the work of our mechanics it is necessary that they should have suitable equipment in the various departments and a few hundred dollars is much needed for this purpose during the coming year. The deep well pump which furnishes all our drinking water has become badly worn and in the past has frequently broken down. It may fail at any time and money for purchase of an air compression system should be available for use when required.

PAINTING WING D.

This work should be done during the coming year, after the building has been made water proof and has been thoroughly dried out by exposure to heat during the winter months. The estimated cost of applying three coats of lead and oil paint and one coat of enamel is $5,440. This is a maximum figure and probably both this wing and the tubercular building could be satisfactorily painted with this amount of money.

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FURNISHINGS FOR NEW WING AND TUBERCULAR HOSPITAL.

An itemized estimate of needed furnishings including all necessary hospital equipment, such as telephone and watch clock system, operating room furniture and instruments, kitchen equipment for the tubercular hospital, etc., has been made upon the basis of providing plain and durable articles of good quality. The cost for this purpose will be $13,700 in the new wing and $4,500 in the tubercular hospital. If a new wing is erected in 1909, about $12,000 should be appropriated to furnish and open the building before the next legislature convenes.

GRADING.

The location of our new buildings on sloping ground has necessitated a considerable amount of grading. Merely enough has been done this fall to turn the water away from the buildings and in the spring the work should be finished and a loam surface added which will permit grass seeding. $2,000 is required to pay for this work.

DEFICIENCY.

Ever since the hospital was opened there has been an inevitable disparity between income and expenses partly because of the small number of patients and partly because the board rate has been the same as that found to be barely adequate for the expenses of the older hospital with about three times as many patients. When equal standards of care are maintained, it will always be found that the smaller the population the higher will be the per capita expense. For the year 1909, approximately $25,000 will be needed to equal the average annual shortage of the past eight years. Appropriations in this form will not be needed after the coming year, as our estimates for maintenance will thereafter have to be based upon the average per capita cost of previous years, and this cost should be computed so as to include all charges incurred in operation and maintenance of the hospital.

WINDOW GUARDS.

An insecure method of placing the window guards has been a source of danger since the hospital was erected. Following

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several escapes, as a result of this defect, during the year, one ward for male patients was provided with strong iron guards securely fastened in the stone work. The work cost $500 and was paid from our income. It is proper to ask that this sum be appropriated as a reimbursement.

VENTILATING FLUES AND CHANGES IN HEATING.

The original heating plant of the hospital called for high pressure in the steam coils, a fan in the basement to drive the heated air evenly through the building and ventilating flues in the attic to run through the roof. These flues had never been constructed and, as it was necessary to keep the attic closed in the coldest weather to prevent freezing of the water tanks, the ventilation suffered accordingly. Some years ago, changes were made and low pressure was used in the steam coils and in moderately cold weather, it was necessary to take the air for heating and ventilating from the basement rather than directly from out doors as originally intended. It was obvious that satisfactory ventilation for a building crowded with insane persons could not be secured without extensive changes in the system. It is a comparatively easy matter to heat a building, but to give a proper amount of fresh air with a steady temperature is a matter requiring the best technical skill. After much deliberation it was decided to follow the advice of Prof. Woodbridge, who furnished the plans of the heating system, and to complete the attic ventilating flues and make necessary changes to run the system as designed. This work was finished early in the year at an expense of $3,660, for which amount reimbursement should be asked. In doing this work, it was found by using an anemometer at the outlets that there were many important flues that allowed no passage of air. Many of these were filled with refuse at time of erection; others had their almost inaccessible dampers so imperfectly adjusted that little air could pass. At a considerable cost this matter was regulated so that each flue now delivers its proper quota of warm air in every part of the building. With the exhaust fans running in the attics the buildings were satisfactorily heated last winter and, what is of more importance, were perfectly ventilated. It is apparent that this desirable condition can be obtained only by increased coal consumption.

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ADDITIONS AND RENOVATIONS IN BOILER HOUSE.

This fall it became necessary to heat the new wing and the tubercular hospital. This could not be done without the purchase of a new boiler. Until now we have been able to obtain heat, light and power from two boilers, which were running under full load in cold weather, leaving a third unused so that by regular changes the boilers could be cleaned and inspected frequently. Because of the large amount of scale and sediment deposited in the boilers, it is unsafe to omit this precaution. Therefore, a new boiler was purchased and installed, as we shall be obliged to run three daily during the winter. In starting to make repairs on the settings of the three old boilers it was found that they were so badly disintegrated as to require practically new settings before they could be operated safely. It is fortunate that these repairs were begun in season. The work has been done thoroughly with complete linings of the best fire brick. With the increase of boiler fires it was found that to secure good draft, it would be necessary either to increase the height of the chimney or use forced draught. In the expectation of effecting economy by burning cheaper fuel it was determined to make use of forced draught and a patent grate that would permit the use of a mixture of screenings with a small proportion of soft coal. Written guarantees that we have concerning the efficiency of these additions, indicate that the expense thus incurred will soon be saved by reduced cost of fuel.

Other minor changes and additions have been made at a total cost of $6,600, as nearly as can be estimated at this time. The work is not quite completed. Money for payment will have to be asked of the legislature. The erection of the heating systems in the new buildings and the work in the boiler house has been done under the supervision of Engineer Fiske, whose department has been taxed to the limit of its capacity for work during the entire year.

ACKNOWLEDGMENTS.

The opportunities for affording musical or theatrical entertainment to the patients are so limited that especial gratitude is due Mr. H. M. Pullen for bringing his entire orchestra to the Hospital for an evening's entertainment last winter.

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Grateful acknowledgment on behalf of the patients is due the people who at Christmas and at various times during the year have kindly sent money, candy, fruit, flowers, cards or periodicals to the wards where they are so much appreciated. The list of donors is appended:

Mrs. Henry Appleton, Miss Engel, Mrs. H. A. Fogg, Mrs. Jennie H. Johnson, Mr. E. L. Lowell, Miller, the florist, Mr. H. C. Quimby, Mrs. A. F. Stetson, Tarratine Club, Mrs. Chas. J. Wadleigh, Mr. F. C. Chalmers, Elks Club, Mrs. Rufus Hamm, Mr. R. A. Jordan, Madockawando Club, Mr. Chas. F. Perry, Mr. D. W. Roberts, Staples & Griffin, Mrs. Vincent, Mr. Thomas White.

The Hospital is fortunate in retaining the services of many valued employes for whose interest and efficiency grateful appreciation is felt.

To the board of trustees who have by their support and consideration made my duties pleasant and increased my sense of responsibility, I wish to express sincere thanks. Such pleasant relations are in themselves no small part of the compensation obtained, and it is my desire to justify their continuance.

Respectfully submitted,

H. W. MITCHELL,

Superintendent.

November 30, 1908.

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MEDICAL STATISTICS, 1908.

TABLE No. 1.

General Statistics of the Year.

	Men.	Women.	Total.
Patients in hospital, December 1, 1907	138	125	263
Committed within the year	66	74	140
Discharged within the year	59	53	112
viz.: as recovered	17	12	29
as capable of self-support	7	5	12
as improved	11	12	23
as not improved	6	13	19
as not insane	1	–	1
Died	17	11	28
Remaining November 30, 1908	145	146	291
Supported in full by State	17	9	26
Supported in full by towns	21	19	40
Receiving State aid	103	109	212
Private patients	4	9	13
Daily average number of patients	142.3	137.5	279.8

TABLE No. 2.

Occupation of those Admitted.

Occupation.	Men.	Women.	Total.	Occupation.	Men.	Women.	Total.
Barber	1	–	1	Mechanics	1	–	1
Carpenters	2	–	2	Mill hands	3	–	3
Confectioner	1	–	1	Music teacher	–	1	1
Cooks	–	3	3	Printer	1	–	1
Druggist	1	–	1	Piano polisher	1	–	1
Dressmakers	–	4	4	Sailors	3	–	3
Domestics	–	4	4	Shoemaker	1	–	1
Employment agent	1	–	1	Stone cutter	3	–	3
Farmers	12	–	12	Ship carpenter	1	–	1
Firemen	2	–	2	Teamsters	2	–	2
Housekeepers	–	3	3	Tailor	1	–	1
Housewives	–	35	35	Traveling salesman	1	–	1
Housework	–	3	3	Teachers	1	2	3
Hospital attendant	1	–	1	Waitresses	–	1	1
Laborers	15	–	15	None	6	18	24
Lumbermen	3	–	3				
Masons	2	–	2	Total	66	74	140

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TABLE No. 3.

Residences of Persons Committed.

	Men.	Women.	Total.		Men.	Women.	Total.
Addison	1	1	2	Houlton	2	–	2
Bangor	13	21	34	Indian Township	1	–	1
Brewer	1	4	5	Island Falls	1	2	3
Brownville	–	1	1	Jonesboro	1	–	1
Burleigh	–	1	1	Lubec	–	1	1
Caribou	1	2	3	Liberty	1	–	1
Calais	3	2	5	Lincoln	–	1	1
Charlotte	1	–	1	Limestone	–	1	1
Carmel	1	–	1	La Grange	–	1	1
Cherryfield	1	–	1	Little Squaw Mountain	1	–	1
Corinna	1	–	1	Milbridge	–	1	1
Charleston	1	–	1	Machias	1	–	1
Carroll	1	–	1	Milo	1	–	1
Castle Hill	–	1	1	Newport	1	1	2
Camden	–	1	1	New Brunswick	1	1	2
Crystal	1	–	1	North Newport	1	–	1
Columbia Falls	–	1	1	North Sullivan	1	–	1
Corinth	1	–	1	Orono	5	–	5
Deer Isle	–	1	1	Oldtown	–	6	6
Dennysville	–	1	1	Pembroke	–	1	1
Dixmont	1	–	1	Princeton	–	1	1
Eastport	2	1	3	Presque Isle	1	2	3
Eagle Lake	1	–	1	Portage	–	1	1
Exeter	–	1	1	Portland	–	1	1
Ellsworth	1	1	2	St. Agatha	–	1	1
Easton	1	–	1	Sandy Point	1	–	1
Enfield	–	1	1	Stetson	–	1	1
East Machias	1	–	1	Springfield	1	–	1
Foxcroft	1	–	1	So. La Grange	1	–	1
Greenville	1	–	1	Stonington	1	–	1
Glenburn	–	1	1	Winterport	–	1	1
Green Lake	–	1	1	West Penobscot	1	–	1
Great Works	1	–	1	Woolwich	–	1	1
Harrington	–	1	1	Wytopitlock	1	–	1
Hancock	–	1	1	Winterville	1	–	1
Hermon	–	3	3	Waterville	1	–	1
Hampden	1	–	1	West Trenton	1	–	1
Hammond Plantation	–	1	1				
				Total	66	74	140

TABLE No. 4.

Social Relation of Persons Admitted.

Civil Condition.	Patients Committed Year 1908.		
	Male.	Female.	Total.
Single	32	26	58
Married	24	37	61
Widowed	5	8	13
Divorced	3	3	6
Unknown	2	–	2
Total	66	74	140

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TABLE No. 5.

Nativity and Parentage of Persons Admitted.

Places of Nativity.	Males.			Females.			Total.		
	Patient.	Father.	Mother.	Patient.	Father.	Mother.	Patient.	Father.	Mother.
Maine	40	29	32	56	40	46	96	69	78
Other New England States	3	5	5	1	5	3	4	10	8
Other states	–	1	–	–	1	–	–	2	–
Total native	43	35	37	57	46	49	100	81	86
Other countries									
Austria	1	1	1	–	–	–	1	1	1
British Provinces	12	10	10	11	13	10	23	23	20
England	1	1	1	–	–	1	1	1	2
France	1	1	1	–	–	–	1	1	1
Germany	1	1	1	–	–	–	1	1	1
Ireland	2	9	6	2	4	6	4	13	12
Russia	2	2	2	–	–	–	2	2	2
Scotland	1	1	2	–	1	–	1	2	2
Total other countries	21	26	24	13	18	17	34	44	41
Unknown	2	5	5	4	10	8	6	15	13
Total	66	66	66	74	74	74	140	140	140

TABLE No. 6.

Ages of Insane at First Attack, Admission and Death.

Ages.	Admission.						Death.					
	At first attack.			When admitted.			At first attack.			At time of death.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
Congenital	8	2	10	–	–	–	–	–	–	–	–	–
15 years and less	–	2	2	1	–	1	1	–	1	–	–	–
From 15 to 20 years	5	8	13	1	5	6	–	1	1	–	–	–
20 to 25 years	5	10	15	11	5	16	–	–	–	1	–	1
25 to 30 years	4	8	12	3	7	10	1	1	2	–	–	–
30 to 35 years	5	11	16	8	9	17	1	1	2	–	1	1
35 to 40 years	7	5	12	8	9	17	–	1	1	2	3	5
40 to 50 years	6	11	17	9	10	19	3	3	6	3	–	3
50 to 60 years	8	4	12	5	15	20	2	3	5	2	6	8
60 to 70 years	7	2	9	9	7	16	5	1	6	1	1	2
70 to 80 years	3	3	6	6	4	10	2	–	2	5	–	5
Over 80 years	2	–	2	3	1	4	–	–	–	2	–	2
Total	60	66	126	64	72	136	15	11	26	16	11	27
Unknown	6	8	14	2	2	4	2	–	2	1	–	1
Total of persons	66	74	140	66	74	140	17	11	28	17	11	28

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TABLE No. 7.

Probable Causes of Mental Diseases in Persons Admitted.

Exciting Causes.	Admitted.			Predisposing Cause. Hereditary Tendency.		
	Male.	Female.	Total.	Male.	Female.	Total.
Physical:						
Alcoholism	9	1	10	6	–	6
Arterio-sclerosis	4	–	4	3	–	3
Acute articular rheumatism	–	1	1	–	1	1
Bromidism	–	1	1	–	–	–
Brain lesion	–	1	1	–	–	–
Congenital	8	2	10	6	2	8
Climateric	–	4	4	–	1	1
Chornic valvular disease of the heart	3	1	4	–	–	–
Epilepsy	2	1	3	–	–	–
Hydrocephalus	1	–	1	–	–	–
Laparotomy	–	1	1	–	1	1
La Grippe	–	1	1	–	–	–
Morphinism	1	1	2	–	–	–
Nephritis	–	1	1	–	–	–
Pregnacy	–	2	2	–	2	2
Syphilis	8	2	10	4	2	6
Senility	7	6	13	1	2	3
Typhoid fever and pneumonia	–	1	1	–	–	–
Typhoid fever	1	–	1	–	–	–
Unknown	21	45	66	13	32	45
Mental:						
Grief	–	2	2	–	–	–
Overwork, worry	1	–	1	1	–	1
Total	66	74	140	34	43	77

TABLE No. 8.

Probable Duration of Mental Disease Before Admission.

Previous Duration.	Admissions.		
	Male.	Female.	Total.
Congenital	9	2	11
Under 1 month	6	12	18
From 1-3 months	7	6	13
3-6 months	7	7	14
6-12 months	5	8	13
1-2 years	7	6	13
2-5 years	11	13	24
5-10 years	7	5	12
10-20 years	3	3	6
Over 20 years	–	4	4
Total	62	66	128
Unknown	4	8	12
Total	66	74	140

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TABLE No. 9.

Discharges of the Insane, Classified by Admission and Result and Death.

Number of Admissions.	Committed.			Recovered.			Capable of Self Support.			Improved.			Not Improved.			Not Insane.			Deaths.			Aggregates.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
First to this hospital.....	48	43	91	12	8	20	4	2	6	10	10	20	5	12	17	1	–	1	16	11	27	48	43	91
Second to this hospital....	9	7	16	3	2	5	3	3	6	1	1	2	1	1	2	–	–	–	1	–	1	9	7	16
Third to this hospital.....	1	2	3	1	1	2	–	–	–	–	1	1	–	–	–	–	–	–	–	–	–	1	2	3
Fourth to this hospital....	1	–	1	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	–	1
Fifth to this hospital.....	–	1	1	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	1
Total cases.....	59	53	112	17	12	29	7	5	12	11	12	23	6	13	19	1	–	1	17	11	28	59	53	112
Total persons.....	59	52	111	17	12	29	7	5	12	11	11	22	6	13	19	1	–	1	17	11	28	59	52	111
First admitted to any hospital.....	43	33	76	11	7	18	4	2	6	9	7	16	3	8	11	1	–	1	15	9	24	43	33	76

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TABLE No. 10.

DURATION OF MENTAL DISEASE AND ITS TREATMENT IN PATIENTS RECOVERED AND DIED.

	RECOVERIES.								
	Duration before admission.			Hospital residence.			Whole duration.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
A.—Recovered:									
Under 1 month	5	3	8	–	–	–	–	–	–
From 1-3 months	3	3	6	7	3	10	3	1	4
3-6 months	4	1	5	5	5	10	4	2	6
6-12 months	1	3	4	2	4	6	3	5	8
1-2 years	2	–	2	2	–	2	4	2	6
2-5 years	–	1	1	1	–	1	1	1	2
5-10 years	2	1	3	–	–	–	2	1	3
Total	17	12	29	17	12	29	17	12	29
Unknown	–	–	–	–	–	–	–	–	–
Total	17	12	29	17	12	29	17	12	29
	DEATHS.								
B.—Died:									
Congenital	–	–	–	–	–	–	–	–	–
Under 1 month	–	3	3	5	2	7	–	1	1
From 1-3 months	1	–	1	–	1	1	–	–	–
3-6 months	–	2	2	1	3	4	–	1	1
6-12 months	1	1	2	2	2	4	–	3	3
1-2 years	1	–	1	6	–	6	2	–	2
2-5 years	6	3	9	2	2	4	7	1	8
5-10 years	4	2	6	1	1	2	4	5	9
10-20 years	3	–	3	–	–	–	3	–	3
Over 20 years	–	–	–	–	–	–	–	–	–
Total	16	11	27	17	11	28	16	11	27
Unknown	1	–	1	–	–	–	1	–	1
Total	17	11	28	17	11	28	17	11	28

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TABLE No. 11.

FORM OF MENTAL DISEASE IN PATIENTS COMMITTED AND DISCHARGED WITH CONDITION ON DISCHARGE, OR DIED.

Form of Disease.	Committed.			Discharged.																				
				Recovered.			Capable of Self Support.			Improved.			Not Improved.			Not Insane.			Died.			Total Discharges and Deaths.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
Alcoholic insanity	6	–	6	5	–	5	–	–	–	2	–	2	1	–	1	–	–	–	1	–	1	9	–	9
Amentia	–	1	1	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	1
Central Neuritis	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	1	–	1	1
Delirium:																								
a. Toxic	–	1	1	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	1
b. Asthenic	1	1	2	–	–	–	–	–	–	1	–	1	–	–	–	–	–	–	–	1	1	1	1	2
Dementia Praecox	7	22	29	–	–	–	1	–	1	2	6	8	3	4	7	–	–	–	1	–	1	7	10	17
Epileptic insanity	1	–	1	–	–	–	1	–	1	–	–	–	–	–	–	–	–	–	1	–	1	2	–	2
Epilepsy	1	1	2	–	–	–	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–	1	–	1
General Paralysis	10	4	14	–	–	–	1	–	1	–	–	–	1	1	2	–	–	–	5	4	9	7	5	12
Hysteria	–	1	1	–	–	–	–	–	–	–	1	1	–	–	–	–	–	–	–	–	–	–	1	1
Imbecility	8	2	10	–	–	–	2	–	2	2	–	2	–	1	1	–	–	–	–	–	–	4	1	5
Idiocy	1	–	1	–	–	–	–	–	–	–	–	–	1	–	1	–	–	–	–	–	–	1	–	1
Manic Depressive Insanity:																								
a. Manic	4	8	12	5	5	10	–	1	1	–	–	–	–	–	–	–	–	–	–	2	2	5	8	13
b. Depressed	6	11	17	3	3	6	1	3	4	2	2	4	–	–	–	–	–	–	–	1	1	6	9	15
c. Mixed	–	2	2	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	1
d. Circular	2	2	4	–	–	–	–	–	–	–	2	2	–	1	1	–	–	–	–	–	–	–	3	3
e. Depression, unclassified	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	–	1	1	–	1
Narcotic Inebriety	1	1	2	2	1	3	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	2	1	3
Organic Dementia	2	2	4	–	–	–	–	–	–	1	–	1	–	3	3	–	–	–	3	2	5	4	5	9
Psychasthenia	1	–	1	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	–	1
Senile Dementia	8	5	13	–	–	–	–	–	–	1	–	1	–	2	2	–	–	–	5	–	5	6	2	8
Not insane	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–	1	–	1	–	–	–	1	–	1
Unclassified	6	9	15	1	–	1	–	1	1	–	1	1	–	1	1	–	–	–	–	–	–	1	3	4
Total	66	74	140	17	12	29	7	5	12	11	12	23	6	13	19	1	–	1	17	11	28	59	53	112

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TABLE No. 12.

Causes of Death and Form of Mental Disease in Persons Who Died.

Causes.	Aggregate.			Dementia Praecox.			Epileptic Insanity.			Paresis.			Maniac Depressive.		
	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.	Men.	Women.	Total.
General diseases:															
Septicemia, decubitus	–	2	2	–	–	–	–	–	–	–	2	2	–	–	–
Septicemia, cellulitis of leg	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Gangrene of toes	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
Diseases of nervous system:															
Cerebral hemorrhage	1	–	1	–	–	–	–	–	–	1	–	1	–	–	–
Cerebral thrombosis	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Cerebral softening	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
General paralysis	2	2	4	–	–	–	–	–	–	2	2	4	–	–	–
Status epilepticus	1	–	1	–	–	–	1	–	1	–	–	–	–	–	–
Diseases, circulatory system:															
Chronic myocarditis	3	–	3	–	–	–	–	–	–	–	–	–	–	–	–
Acute myocarditis	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
Acute pericarditis	1	–	1	–	–	–	–	–	–	–	–	–	1	–	1
Diseases, respiratory system:															
Pulmonary edema	–	1	1	–	–	–	–	–	–	–	–	–	–	1	1
Pulmonary tuberculosis	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Lobar pneumonia	3	–	3	–	–	–	–	–	–	1	–	1	–	–	–
Broncho pneumonia	2	–	2	–	–	–	–	–	–	1	–	1	–	–	–
Diseases, digestive system:															
Ileocolitis	–	1	1	–	–	–	–	–	–	–	–	–	–	1	1
Acute entero-colitis	1	–	1	1	–	1	–	–	–	–	–	–	–	–	–
Diseases, genito-urinary system:															
Chronic diffuse nephritis	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Carcinoma of uterus	–	1	1	–	–	–	–	–	–	–	–	–	–	1	1
Totals	17	11	28	1	–	1	1	–	1	5	4	9	1	3	4

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TABLE No. 12—Concluded.

Causes of Death and Form of Mental Disease in Persons Who Died—Concluded.

Causes.	Organic Dementia.			Senile Dementia.			Delirium Asthenic.			Central Neuritis.			Alcoholic Insanity.		
	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.	Male.	Female.	Total.
General diseases:															
Septicemia, decubitus	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Septicemia, cellulitis of leg	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Gangrene of toes	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
Diseases of nervous system:															
Cerebral hemorrhage	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Cerebral thrombosis	–	1	1	–	–	–	–	–	–	–	–	–	–	–	–
Cerebral softening	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
General paralysis	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Status epilepticus	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Diseases, circulatory system:															
Chronic myocarditis	–	–	–	3	–	3	–	–	–	–	–	–	–	–	–
Acute myocarditis	–	–	–	–	–	–	–	–	–	–	–		1	–	1
Acute pericarditis	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Diseases, respiratory system:															
Pulmonary edema	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Pulmonary tuberculosis	–	–	–	–	–	–	–	1	1	–	–	–	–	–	–
Lobar pneumonia	–	–	–	2	–	2	–	–	–	–	–	–	–	–	–
Broncho pneumonia	1	–	1	–	–	–	–	–	–	–	–	–	–	–	–
Disease, digestive system:															
Ileocolitis	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Acute entero-colitis	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Diseases, genito-urinary system:															
Chronic diffuse nephritis	–	–	–	–	–	–	–	–	–	–	1	1	–	–	–
Carcinoma of uterus	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Totals	3	2	5	5	–	5	–	1	1	–	1	1	1	–	1

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TREASURER'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial standing of the Eastern Maine Insane Hospital for the year ending November 30, 1908.

Total Receipts and Disbursements of Cash for the Year Ending November 30, 1908.

DR.	
Balance, cash on hand, December 1, 1907	$20,888 78
Receipts for year, hospital account	75,232 59
Receipts from State appropriation	125,350 00
	$221,471 37
CR.	
Disbursement for year	$212,085 52
Balance, cash on hand, November 30, 1908	9,385 85
	$221,471 37

Statement of Resources and Liabilities, November 30, 1908.

RESOURCES.	
Cash on hand	$9,385 85
Due from State for support of patients	5,868 34
Due from cities and towns, support of patients	17,795 00
Due from sundry persons and firms	474 62
Due from State treasurer, balance of appropriation of 1908	6,900 00
	$40,423 81
LIABILITIES.	
Owe employees for pay roll	$2,522 88
Owe firms	57,769 68
Owe patients, account advance payments	38 15
	$60,330 71

Respectfully submitted,

CHARLES S. PEARL,

Treasurer.

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STEWARD'S REPORT.

To the Trustees of the Eastern Maine Insane Hospital:

I herewith present my report of the financial affairs of the Eastern Maine Insane Hospital, showing resources, liabilities, and department expenditures for the year ending November 30, 1908.

COMPARATIVE STATEMENT.

Comparative Statement of Resources and Liabilities, November 30, 1907.

RESOURCES.		
Cash on hand, appropriation		$13,784 53
Cash on hand, hospital account		7,104 25
Due from State, support of patients		5,036 79
Due from cities and towns, support of patients		13,818 08
Grocery inventory, groceries, crockery, etc		3,854 69
Dry goods inventory		3,360 73
Coal inventory		1,187 45
Dispensary inventory, drugs and instruments		1,710 86
Repairs and improvements inventory, carpenter's tools, lumber, hardware, etc		1,775 26
Farm inventory, horses, tools, hay, oats, etc		5,210 77
Engineer's department, inventory, tools and supplies		2,507 27
Expense inventory, office supplies		594 16
Hospital furnishings inventory, furniture, bedding, etc		23,428 04
Garden inventory, tools and vegetables		2,084 71
Stable inventory, horses, sleighs, harnesses, etc		1,490 60
Total resources		$86,948 19
LIABILITIES.		
Due appropriation account as above	$13,784 53	
Due employees	2,354 15	
Due firms, account supplies	27,290 67	43,429 35
Net resources		$43,518 84

Comparative Statement of Resources and Liabilities, November 30, 1908.

RESOURCES.		
Cash on hand		$9,385 85
Due from State, support of patients		5,868 34
Due from cities and towns		18,269 62
Grocery inventory, groceries, crockery, etc		2,284 76
Dry goods inventory		3,797 72
Coal inventory		2,035 50
Dispensary inventory		1,795 71
Repairs and improvements inventory, tools, lumber, hard-ware, etc		1,929 74
Farm inventory, horses, tools, hay, oats, etc		5,114 31
Engine department inventory, tools and supplies		3,190 56
Expense inventory, office supplies, books, etc		692 18
Hospital furnishings' inventory, bedding, furniture, etc		25,495 43
Garden inventory, tools and vegetables		2,971 84
Stable inventory, horses, sleighs, harnesses, etc		2,018 00
Total resources		$84,849 56
LIABILITIES.		
Owe employees per pay roll	$2,522 88	
Owe firms, account purchases	57,807 83	60,330 71
Net resources		$24,518 85

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TUBERCULAR BUILDING.

Receipts and Expenditures for Construction of the Tubercular Building for Years 1907 and 1908 to November 30, 1908.

CR.		
Cash received from State Treasurer, 1907	.....	$20,000 00
Cash received from State Treasurer, 1908	.....	10,000 00
		$30,000 00
DR.		
Otto Nelson, contractor	$12,881 75	
Trustees services on building committee	113 31	
John Calvin Stevens, architect	663 22	
H. G. Flanders, inspector	491 00	
Leighton Plumbing & Heating Co., plumbing	458 45	
Read & Howe, electrical work	104 00	
Rice & Miller Co., hardware	325 00	
Sundry firms, heating, ventilating	3,455 25	
Sundry purchases, including wiring, conduit, surveying, express charges, grading, etc	973 43	
	$19,465 41	
Expenditures as per report, 1907	14,288 72	
	$33,754 13	
Expended in excess of appropriatiou	.....	3,754 13
	$33,754 13	$33,754 13

NEW WING "D LEFT."

Receits and Expenditures of Construction of New Wing "D Left."

CR.		
Cash received from State Treasurer, 1907	.....	$55,750 00
Cash received from State Treasurer, 1908	.....	94,250 00
		$150,000 00
DR.		
Advertising	$49 28	
Architect	5,435 88	
Inspector	736 50	
Services of trustees on building committee	552 67	
John Grady, contractor for foundation	2,247 00	
Angus Macdonald & Co., general construction	82,477 93	
Read & Howe, electrical contract	2,531 82	
Maine Plumbing Company	3,502 42	
J. L. Mott Iron Works, plumbing goods	1,217 62	
Chas. E. Dole, sundry electric goods	63 60	
Sanitas Manufacturing Company, closets	619 00	
Angus Macdonald & Company, grading	654 42	
Heating and ventilating	10,407 90	
McKenney & Waterbury, electric fixtures	898 00	
Sundry expenses, wire cables, galvaduct, plumbing goods, freight, express, hospital labor, civil engineer, traveling expenses, etc	1,331 68	
Cost for year, 1908	$112,725 72	
Cost for year, 1907	44,774 10	
	$157,499 82	
Cost in excess of appropriation	.....	7,499 82
	$157,499 82	$157,499 82

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EIGHTH ANNUAL FINANCIAL

	Inventories.	Trial Balance.	
Hospital account			$43,518 84
Appropriation for running expense			16,750 00
Appropriation fro ice house		1,111 29	1,000 00
Appropriation for fire escape		795 11	900 00
Appropriation for barn		8,095 93	6,000 00
Appropriation for tools		680 42	800 00
Appropriation for wing D left		157,499 82	150,000 00
Appropriation for tubercular building		33,754 13	30,000 00
Cash		9,385 85	
Dry goods	$3,797 72	3,025 38	
Dispensary	1,795 71	2,866 67	
Farm	5,114 31	7,050 55	
Garden	2,971 84	1,531 00	
Grocery department	2,284 76	2,284 76	
Stable	2,018 00	4,633 93	
Expense	692 18	4,221 77	
Light, heat and power—coal	2,035 50	11,573 07	
Repairs and improvements	1,929 74	19,952 00	
Hospital furnishings	25,495 43	28,740 45	
Subsistence			23,005 17
Interest and discount			620 66
Engineer's department	3,190 56	8,977 09	
Ice		884 38	
Water		1,194 34	
Amusements		529 39	
Salaries and wages (due employees)			2,522 88
State of Maine owes hospital for support of patients		5,868 34	
Cities, towns and persons owe hospital		18,269 62	
Firms hospital owes			57,807 83
	$51,325 75	$332,925 38	$332,925 38
Cost of wing D left as above			
Cost of tuberculer building as above			
Cost of barn, tools, fire escapes, and ice house			
Net cost of these accounts in excess of appropriation			
Balance loss and gain account—Net loss for year			

We hereby certify that we have examined the accounts of the Treasurer and the Steward for the year ending November 30, 1908, and find them correct.

THOMAS WHITE,
CHAS. E. FIELD,
A. R. NICKERSON. } *Financial Committee of Trustees.*

Respectfully submitted,

CHAS. F. PERRY.

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STATEMENT, NOVEMBER 30, 1908.

Loss and Gain.		Hospital Account.		Resources.	Liabilities.
.....	.....	.....	$43,518 84		
.....	.....	.....	16,750 00		
$1,111 29					
795 11					
8,095 93					
680 42					
157,499 82					
33,754 13					
.....	.....	.....	.....	$9,385 85	
.....	$772 84	.....	.....	3,797 72	
1,070 96	.....	.....	.....	1,795 71	
1,936 24	.....	.....	.....	5,114 31	
.....	1,440 84	.....	.....	2,971 84	
.....	.....	.....	.....	2,284 76	
2,615 93	.....	.....	.....	2,018 00	
3,529 59	.....	.....	.....	692 18	
9,537 57	.....	.....	.....	2,035 50	
18,022 35	.....	.....	.....	1,929 74	
3,245 02	.....	.....	.....	25,495 43	
.....	23,005 17				
.....	620 66				
5,786 53	.....	.....	.....	3,190 56	
884 38					
1,194 34					
529 39					
.....	.....	.....	.....	.....	$2,522 88
.....	.....	.....	.....	5,868 34	
.....	.....	.....	.....	18,269 62	
.....	.....	.....	.....	.....	57,807 83
.....	157,499 82				
.....	33,754 13				
.....	10,682 75				
13,236 70					
.....	35,749 99	35,749 99			
$263,525 70	$263,525 70				
Balance hospital account	.....	24,518 85			
		$60,268 84	$60,268 84		
				$84,849 56	$60,330 71
Balance hospital account	.....	.....	.....	.....	24,518 85
				$84,849 56	$84,849 56

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GARDEN PRODUCTS, 1908.

253	bu. beets	$127 08
8	bu. beet greens	3 60
298	bunches beets	14 70
40	bu. barley	32 00
55	bu. string beans	31 57
10	bu. beans	27 50
85	qt. shell beans	8 50
4,066	heads celery	406 90
7,418	cucumbers	145 69
132	bu. carrots	66 00
107	bunches carrots	13 11
542	lb. carrots	5 42
1,210	doz. corn	147 62
39	doz. cabbage	38 44
6	heads cauliflower	1 20
412	heads lettuce	28 80
2,820	bu. potatoes	1,850 90
54	bu. peas	65 64
6,263	lb. pumpkins	63 41
7,476	lb. parsnips	143 54
1,406	bunches radishes	60 50
27,689	lb. squash	417 23
2	tons straw	18 00
10	bu. tomatoes, green	5 25
3,362	lbs. tomatoes, ripe	107 53
404	bu. turnips	183 90
2	bu. apples	1 20
319	bx. blackberries	42 75
79	bx. currents	10 94
12	qt. gooseberries	1 56
336	bx. raspberries	57 80
27	bbl. cabbage	28 00
1	M. cabbage plants	4 00
6	bbl. carrots	9 00

Raised for Swine.

80	bu. cattle beets	$24 00
1,200	lb. cattle beets	3 00
7,000	lb. cabbages	17 50
16½	tons corn fodder	66 00
101	bu. small potatoes	15 19
10,390	lb. pumpkins	25 97
32,000	lb. squash	80 00
5,340	lb. turnips	13 35
		$4,414 29

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FARM PRODUCTS, 1908.

792	bu. oats	$491 04
97½	tons hay	1,269 16
17	tons straw	153 00
	Pork products	559 49
76	bu. barley	60 80
		$2,533 49

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APPENDIX

[FORM OF MITTIMUS.]

AND INSTRUCTIONS RELATING TO COMMITMENT OF PATIENTS TO EITHER HOSPITAL.

STATE OF MAINE.

[FORM OF BOND FOR SUPPORT.]

KNOW ALL MEN BY THESE PRESENTS, That we, ——,of ——, in the county of ——, as principal, and ——, of ——, in the county of ——, as sureties, are jointly and severally held and bound unto ——, Steward of the Insane Hospital at Augusta, or to his successor in said office, in the sum of three Hundred dollars, to the payment of which sum, well and truly to be made to him, the said ——, or to his successors in said office, we bind ourselves, our executors and administrators, firmly by these presents.

Sealed with our seals, and dated at ———, *this* ———*day of* ———, A. D. 19

The condition of the above obligation is such, That whereas—— of ——, in the county of ——, is about to be admitted as a boarder and patient to the Institution aforesaid; now, if the said —— shall pay to said ——, or to his successor in said office, such sum per week for the board, washing, medicine and attendance, according to the trouble and expense incurred for said patient, as may be determined by the Trustees for the time being, not to exceed ——, and pay for all such necessary articles of clothing as shall be furnished said —— by the said ——, or his successor, and remove the said —— from said Institution, whenever they shall be thereto in writing requested by the Superintendent for the time being, and shall also pay a further sum, not exceeding fifty dollars, for all damages that may arise from injury to the furniture and other property of said Institution, by said ——, and for reasonable charges that may be incurred in case of the elopement of said ——, payments to be made quarterly and at the time of removal, with interest on the amount after it becomes due as aforesaid, then this obligation to be null and void, otherwise to remain in full force and virtue. [L. S.]

Witness: [L. S.]

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QUESTIONS.

To Be Answered by the Patient's Family or Physician.

Name, ...; age, ...; sex, ...; married, single, widowed,.....; nativity, ...; education, ...; occupation, ...; religion, ...

What relatives, including grandparents and cousins, have suffered from either of the following diseases: Insanity, epilepsy, chorea, hysteria, neurasthenia, tuberculosis?

Were parents addicted to excessive use of alcohol, opium, chloral, or other narcotics? Habits of patient as to same

Previous peculiarity of patient as to temper, conduct, etc.

At what age did signs of puberty appear?

At time of pubescence was there noticeable change of character or attack of mental or nervous disease?

Has patient had epilepsy, apoplexy, syphilis, tubersulosis, heat exhaustion, or other serious physical disease?

Evidence of sexual excess or abnormal sexual habits?

Previous attacks, if any; history?

When and how did the first symptoms of the disease become manifest?..... Preceded by what mental or physical strain?..... Was there, previous to that date, any change in disposition, or evidence of physical or mental depression or disorder?

Describe as fully as possible the present symptoms of insanity.

What are the probable causes of the present attack, either predisposing or exciting?..... Do suicidal or homicidal tendencies exist, if so how manifested?..... In what institution, if any, and when, has patient received treatment?.....any restraint or confinement been applied? ..... If any, what?..... What special medical treatment has patient received during this attack?

Questions for Females.

Number of children, ...; age of youngest, ...; number of miscarriages, ...; date of last one, ... Has patient had any uterine or ovarian disease?..... Menstrual irregularities, if any?

Male patients admitted into the institution, should come provided with at least three good cotton shirts; coat, vest and pants, of strong woolen cloth; two pairs woolen stockings, one hat or cap, pocket handkerchiefs, brush and comb, and one pair of boots or shoes.

Females should have, at least, a change of underclothes, shoes and stockings, brush and comb, decent bonnet, and two substantial dresses; the woolens should be of dark color. It is quite desirable, also, that a Bible or Testament should not be forgotten in the outfit.

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INSTRUCTIONS TO MUNICIPAL OFFICERS IN COMMITMENTS TO EITHER INSANE HOSPITAL.

To the Municipal Officers of the Towns in the State of Maine:

GENTLEMEN:—The present Legislature has just made an important amendment of the law, R. S. chap. 143, sections 13 and 34, relating to the commitment of insane persons to the insane hospitals. The amendment has been approved by the Governor and is now the law. The law is now as follows:

"Sect. 13. Insane persons, not thus sent to any hospital, shall be subj ct to examination as hereinafter provided. The municipal officers of towns shall constitute a board of examiners, and on complaint in writing of any blood-relative, husband or wife of said alleged insane person, or of any justice of the peace, they shall immediately inquire into the condition of any person in said town alleged to be insane; shall appoint a time and place for a hearing by them of the allegations of said complaint, and shall cause to be given in hand to the person so alleged to be insane, at least twenty-four hours prior to the time of said hearing, a true copy of said complaint, together with a notice of the time and place of said hearing and that he has the right and will be given opportunity then and there to be heard in the matter; shall call before them all testimony necessary for a full understanding of the case; and if they think such person insane, and that his comfort and safety, or that of others interested, will thereby be promoted, they shall forthwith send him either to the Maine Insane Hospital or to the Eastern Maine Insane Hospital with a certificate stating the fact of his insanity, and the town in which he resided or was found at the time of examination, and directing the superintendent to receive and detain him until he is restored or discharged by law, or by the superintendent or trustees. They shall keep a record of their doings, and furnish a copy to any interested person requesting and paying for it."

"Sect. 34. In all cases of preliminary proceedings for the commitment of any person to the hospital, to establish the fact of the insanity of the person to whom insanity is imputed there shall be required the evidence of at least two reputable physicians given by them under oath before the board of examiners, together with a certificate signed by such physicians and filed with said board, that in their opinion such person is insane, such evidence and certificate to be based upon due inquiry and personal examination of the person to whom insanity is imputed; and a certified copy of the physicians' certificate shall accompany the papers of commitment of the insane person to the hospital."

By careful reading of the law as it now is you will observe that *it is necessary to give to the person alleged to be insane at least twen y-four hours prior notice of hearing* and that he has the right and will be given opportunity to be heard in the matter.

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You will also perceive that the amended statute more distinctly sets out the necessity *that the physician shall testify under oath before the Municipal Officers* as to the alleged insanity of the person.

Proper blank forms have been prepared for use hereafter in proceedings for the commitment of insane persons to our hospitals; and a set of such forms is forwarded you herewith and others will be forwarded you on your request therefor.

THE FORMS ARE

1. The complaint to be signed by the person making the complaint; to which is attached the order for the hearing and notice, to be signed by the Municipal Officers. Form 1 is to remain on the town files.

2. Copy of such complaint and order, attested by the Town Clerk; to be delivered in hand to the person alleged to be insane, by the town constable.

3. The commitment paper to be signed by the Municipal Officers and sent forward to the hospital with the patient.

4. Record of the doings of the Municipal Officers to be signed by them and attested by the Town Clerk and filed with the town records.

5. (a) Physicians' certificate to be filed with the Municipal Officers. (b) Attested copy of such certificate to be sent to the hospital with the commitment paper.

Dated this twenty-third day of January, A. D. 1903.

Trustees of the Maine Insane Hospital
and Eastern Maine Insane Hospital.
By CHAS. E. FIELD, Sec'y.

N. B. Blanks for commital of patients will be forwarded upon application by addressing either Dr. Bigelow T. Sanborn, Supt. Maine Insane Hospital, Augusta, Me., or Dr. H. W. Mitchell, Supt. Eastern Maine Insane Hospital, Banger, Me.

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FORM I.

INSANE PERSON. COMPLAINT AND ORDER FOR HEARING AND NOTICE IN THE CASE OF.

PAGE

TO BE RETAINED ON THE TOWN FILES.

To the Municipal Officers of the town of in the County of and State of Maine:

(*a*) of the town of in the County of and State of Maine, who is a relative, to wit; a of (*b*) of the town of in the County of and State of Maine, hereby makes written complaint and says that said (*b*) is insane, and that the comfort and safety of said (*b*) and that of others interested, will be promoted by committing the said (*b*) to the Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (*b*) and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said this day of A. D. 190 .

STATE OF MAINE.

County of ss. Town of

The above named complaint being presented to us this day we hereby appoint our office and (*c*) the day of A. D. 190 , at o'clock in the noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby give notice to the said (*b*) the person as above alleged to be insane, of said time and place of said hearing, and that he, the said (*b*) has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said this day of A. D. 190 .

Selectmen of the town of

STATE OF MAINE.

(*d*)

County of ss. Town of A. D. 190 .

I hereby cretify that I this day at o'clock in the noon delivered in hand to (*b*) the within named alleged insane per-

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son, a true copy of the within complaint and the order of the Municipal Officers thereon, of even tenor with the within.

Attest:

Constable of said town of

(*a*) Name of complainant.

(*b*) Name of insane person.

(*c*) The time must be so as to give at least 24 hours prior notice of the hearing to the person alleged to be insane.

(*d*) As soon as the constable has given in hand to (*b*) the attested copy —form 2—he will fill out and sign the above return of such service.

FORM 2.

INSANE PERSON, COPY OF COMPLAINT AND ORDER FOR HEARING AND NOTICE IN THE CASE OF ————. To BE SERVED ON HIM.

TO BE GIVEN IN HAND TO THE ALLEGED INSANE PERSON BY THE CONSTABLE.

To the Municipal Officers of the town of in the County of and State of Maine:

(*a*) of the town of in the County of and State of Maine, who is a relative, to wit, a of (*b*) of the town of in the County of and State of Maine, hereby makes written complaint and says that said (*b*) is insane; and that the comfort and safety of said (*b*) and that of others interested, will be promoted by committing the said (*b*) to the Maine Insane Hospital.

WHEREFORE your complainant prays that you will immediately inquire into the condition of the said (*b*) and that such other and further proceedings may be had in the premises as is by the Statutes of said State of Maine in such case made and provided.

Dated at said this day of A. D. 190 .

.....

STATE OF MAINE.

County of ss. Town of

The above named complaint being presented to us this day we hereby appoint our office and (*c*) the day of A. D. 190 , at o'clock in the noon, as the time and place for a hearing by us of the allegations of said complaint. And we hereby give notice to the said (*b*) the person as above alleged to be insane, of said time and place of said hearing, and that he, the said

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(*b*) has a right and will be given opportunity then and there to be heard in the matter.

Given under our hands at said this day of A. D. 190 .

.....

.....

.....

Selectmen of the Town of

A true copy of the original complaint and the order of the Municipal Officers thereon.

Attest:

.....Clerk of said Town of

FORM 3.

COMMITMENT TO THE ——— MAINE INSANE HOSPITAL OF ——— AN INSANE PERSON.

COMMITMENT OF INSANE PERSON TO THE HOSPITAL.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, on the day of A. D. 190 , (*a*) of the town of in the County of and State of Maine, and who bears the relationship of to (*b*) of the town of in the County of and State of Maine, made of us, the Municipal Officers of the town of in the County of and State of Maine, a complaint in writing stating that the said (*b*) is insane, and a proper subject for commitment to and treatment in said hospital; and thereupon we appointed our office in said town of and the day of A. D. 190 , and the hour of o'clock in the noon as the place and time for a hearing by us of the allegations of said complaint, and caused to be given in hand to the said (*b*) at o'clock in the noon of the day of A. D. 190 , a true copy of said complaint, together with a notice of the time and place of said hearing and that the said (*b*) had the right and would be given opportunity then and there to be heard in the matter; and at our office in said town of at o'clock in the noon of the day of A. D. 190 , being the place and time appointed therefor, as aforesaid, we made due inquiry into the condition of the said (*b*)

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called before us all testimony necessary for a full understanding of the case, and also heard the testimony under oath of, accompanied by a certificate of and two reputable physicians, whose evidence and certificate are based upon due inquiry and personal examination of the said (*b*) establishing the fact of the insanity of the said (*b*)

WHEREUPON it was proven to us and we are of the opinion that the said (*b*) is insane, and that the safety and comfort of the said (*b*) and that of others interested, will be promoted by the commitment to and detention in said hospital of the said (*b*) and that the said (*b*) be sent forthwith to said hospital.

THEREFORE we hereby certify that said (*b*) is insane and that was residing and found in the town of aforesaid at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (*b*) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the Superintendent, or Trustees.

Given under our hands at said this day of A. D. one thousand nine hundred and

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Selectmen of the Town of

Mem. (*a*) Name of the complainant.
(*b*) Name of the insane person.

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FORM 4.

RECORD OF COMMITMENT OF ——— TO THE ——— MAINE INSANE HOSPITAL.

(*a*) Name of the complainant.
(*b*) Name of the insane person.

Record of doings of Municipal Officers in Commitment of Insane Person to the Hospital, to be signed by Municipal Officers and Town Clerk and filed with town records.

STATE OF MAINE.

To the Superintendent of the Maine Insane Hospital:

WHEREAS, on the day of A. D. 190 , (*a*) of the town of in the County of and State of Maine, and who bears the relationship of to (*b*) of the town of in the County of and State of Maine, made to us, the Municipal Officers of the town of in the County of and State of Maine, a complaint in writing stating that the said (*b*) is insane, and a proper subject for commitment to and treatment in said hospital; and thereupon we appointed our office in said town of and the day of A. D. 190 , and the hour of o'clock in the noon as the place and time for a hearing by us of the allegations of said complaint, and caused to be given in hand to the said (*b*) at o'clock in the noon of the day of A. D. 190 , a true copy of said complaint, together with a notice of the time and place of said hearing and that the said (*b*) had the right and would be given opportunity then and there to be heard in the matter; and at our office in said town of at o'clock on the noon of the day of A. D. 190 , being the place and time appointed therefor, as aforesaid, we made due inquiry into the condition of the said (*b*) called before us all testimony necessary for a full understanding of the case, and also heard the testimony under oath of, accompanied by a certificate of and two reputable physicians, whose evidence and certificate are based upon due inquiry and personal examination of the said (*b*) establishing the fact of the insanity of the said (*b*)

WHEREUPON, it was proven to us and we are of the opinion that the said (*b*) is insane, and that the safety and comfort of the said (*b*) and that of others interested, will be promoted by the commitment to and detention in said hospital of the said (*b*) and that the said (*b*) be sent forthwith to said hospital.

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THEREFORE we hereby certify that said (*b*) is insane and that was residing and found in the town of aforesaid at the time of said examination; and you, the said Superintendent, are hereby ordered and required to receive said (*b*) into said hospital and detain in your care until shall have become restored and of sound mind, or be discharged by law, or by the superintendent, or Trustees.

Given under our hands at said this day of A. D. one thousand nine hundred and

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Selectmen of the town of

A true record,

Attest:

Clerk of said town of

FORM 5.

PHYSICIANS' CERTIFICATE IN THE CASE OF ——— AN INSANE PERSON.

PHYSICIANS' CERTIFICATE OF INSANITY.

(*a*)

We, the undersigned, reputable and practicing physicians in the town of County of and State of Maine, hereby certify that, after due inquiry and personal examination of of the said town of in our opinion said is INSANE.

Dated at this day of 190 .

M. D.

M. D.

(*b*)

A true copy of the physicians' certificate to Municipal Officers.

Attest:

Clerk of said town of

(*a*) The original certificate is to be filed with and retained by the Municipal Officers.

(*b*) The certified copy of this certificate is to be forwarded with the commitment paper to the Superintendent of the Hospital.

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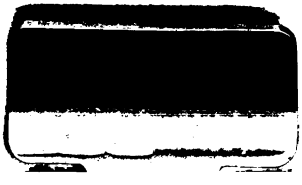
MAY 18 1909



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